

## Spring 2009 HARRA Runner of the Season Standings as of 5/1/2009

## Women under 40

Place	First Name	Last Name	cat age	club	Best 3 of 6	Percentage:					Time:						
						xc	5mi	10k	8k	5k	LP	xc	5mi	10k	8k	5k	LP
Women under 40																	
1	Dawn	Domaschk	28		246.1%	0.0%	0.0%	81.6%	0.0%	83.4%	81.1%			0:37:11		0:17:44	8,952.2
2	Katrina	Stilwell	38	TOR	237.9%	0.0%	74.5%	78.4%	78.2%	81.3%	78.3%		0:32:28	0:38:41	0:30:49	0:18:13	8,646.7
3	Vigdis	Holst	39	HH	237.1%	0.0%	76.7%	81.1%	79.3%	0.0%	0.0%		0:31:33	0:37:24	0:30:23		
4	Stacy	Holden	32	ALRC	234.0%	0.0%	74.7%	0.0%	77.1%	79.1%	77.9%		0:32:25		0:31:15	0:18:43	8,609.8
5	Jennifer	Brown	32	TOR	232.3%	77.7%	74.9%	75.5%	0.0%	79.1%	0.0%	0:24:38	0:32:19	0:40:11		0:18:42	
6	Debbie	Rudisill	39	BARC	227.1%	0.0%	0.0%	75.8%	74.6%	76.7%	0.0%			0:40:01	0:32:18	0:19:18	
7	Sarah	Husbands	33	ALRC	220.9%	72.5%	0.0%	73.2%	73.1%	74.6%	72.5%	0:26:22		0:41:25	0:32:56	0:19:51	8,035.8
8	Veronica	Hoge	39	BARC	204.3%	69.3%	65.8%	63.7%	0.0%	68.2%	66.7%	0:27:35	0:36:48	0:47:36		0:21:42	7,404.5
9	Lauren	Perkins	25	BARC	204.2%	65.5%	67.0%	68.1%	0.0%	69.1%	0.0%	0:29:12	0:36:09	0:44:31		0:21:24	
10	Carlye	Graydon	38	BCRR	196.6%	0.0%	64.2%	64.7%	64.9%	67.0%	0.0%		0:37:42	0:46:55	0:37:06	0:22:05	
11	Sheila	Ramamurthy	25	BCRR	164.8%	54.9%	56.2%	45.9%	0.0%	0.0%	53.8%	0:34:51	0:43:05	1:06:03			6,012.9
12	Margaret	Pace	37	BCRR	156.2%	0.0%	56.5%	45.9%	0.0%	0.0%	53.8%		0:42:51	1:06:03			6,012.9
13	Brittany	Wells	23	ALRC	155.8%	78.3%	77.4%	0.0%	0.0%	0.0%	0.0%	0:24:25	0:31:16				
14	Andrea	Spencer	38	BARC	146.2%	0.0%	72.7%	0.0%	0.0%	0.0%	73.5%		0:33:17				8,141.0
15	Trish	Sullivan	39		146.0%	0.0%	45.9%	49.4%	0.0%	0.0%	50.7%		0:52:46	1:01:24			5,685.2
16	Marci	Martinez	31		141.1%	70.2%	0.0%	70.9%	0.0%	0.0%	0.0%	0:27:15		0:42:48			
17	Liz	Pinches	33		136.5%	69.7%	66.8%	0.0%	0.0%	0.0%	0.0%	0:27:27	0:36:12				
18	Vera	Balic	37	BARC	131.8%	0.0%	68.1%	63.7%	0.0%	0.0%	0.0%		0:35:33	0:47:35			
19	Lisa	Fletcher	30	BARC	130.5%	0.0%	0.0%	63.7%	0.0%	0.0%	66.7%		0:47:36				7,406.9
20	Erika	Clifford	12	TTC	115.7%	0.0%	0.0%	0.0%	0.0%	58.2%	57.5%					0:25:26	6,419.9
21	Monica	Montoya-Cotrophia	38	BARC	114.2%	0.0%	55.6%	0.0%	0.0%	58.6%	0.0%		0:43:29			0:25:16	
22	Amber	Seely	27		108.3%	0.0%	53.7%	54.6%	0.0%	0.0%	0.0%		0:45:03	0:55:36			
23	Brenda	Gonzalez	36	BCRR	103.7%	0.0%	57.8%	45.9%	0.0%	0.0%	0.0%		0:41:53	1:06:03			
24	Robin	Lowenkron	37		102.2%	0.0%	0.0%	52.0%	50.2%	0.0%	0.0%			0:58:23	0:47:57		
25	Amber	Raley	29	HS	96.6%	0.0%	0.0%	49.8%	0.0%	0.0%	46.8%			1:00:58			5,263.9
26	Leila	Nouchedehe	26		90.7%	0.0%	0.0%	0.0%	59.3%	31.4%	0.0%				0:40:37	0:47:09	
27	Diana	Hirst	34	TOR	81.4%	0.0%	0.0%	0.0%	0.0%	81.4%	0.0%					0:18:11	
28	Jennifer	Fowlkes	34	ALRC	78.8%	0.0%	38.6%	40.2%	0.0%	0.0%	0.0%		1:02:45	1:15:23			
29	Lea	Carruthers	25		78.3%	0.0%	0.0%	0.0%	0.0%	0.0%	78.3%						8,646.7
30	Amanda	Beardsley	28		77.0%	0.0%	0.0%	77.0%	0.0%	0.0%	0.0%			0:39:25			
31	Jessica	Armenteros-Word	33	ALRC	76.3%	0.0%	76.3%	0.0%	0.0%	0.0%	0.0%		0:31:43				
32	Alexandra	Gajewski	34	TOR	74.3%	74.3%	0.0%	0.0%	0.0%	0.0%	0.0%	0:25:46					
33	Sara	Collazos	19	HMSA	70.0%	0.0%	0.0%	70.0%	0.0%	0.0%	0.0%			0:43:19			
34	Jenn	Sabin	38		69.2%	0.0%	0.0%	69.2%	0.0%	0.0%	0.0%			0:43:48			
35	Perla	Rodriguez	30		67.3%	0.0%	0.0%	0.0%	0.0%	67.3%	0.0%					0:21:59	
36	Amalia	Guardiola	32	HS	66.6%	0.0%	0.0%	0.0%	0.0%	66.6%	0.0%					0:22:13	
37	Jasmine	Alzate	16	HS	65.7%	0.0%	0.0%	65.7%	0.0%	0.0%	0.0%			0:46:08			
38	Jennifer	Dill	27	IFR	63.7%	0.0%	0.0%	63.7%	0.0%	0.0%	0.0%			0:47:39			
39	Kelly	Allen	28	BCRR	63.4%	0.0%	0.0%	63.4%	0.0%	0.0%	0.0%			0:47:51			
40	Jennifer	Driskill	30	IFR	62.8%	0.0%	0.0%	62.8%	0.0%	0.0%	0.0%			0:48:19			
41	Michelle	Chang	27	HS	61.3%	0.0%	0.0%	61.3%	0.0%	0.0%	0.0%			0:49:31			
42	LaErica	Johnson	28	TOR	60.1%	0.0%	0.0%	0.0%	0.0%	0.0%	60.1%						6,690.2
43	Melissa	Marchand	30		59.4%	0.0%	0.0%	59.4%	0.0%	0.0%	0.0%			0:51:02			
44	Emily	Sing	35		57.1%	0.0%	57.1%	0.0%	0.0%	0.0%	0.0%		0:42:25				
45	Karen	Wachter	29		56.0%	0.0%	0.0%	56.0%	0.0%	0.0%	0.0%			0:54:08			
46	Alice	May-Sexton	31	BARC	55.7%	0.0%	0.0%	55.7%	0.0%	0.0%	0.0%			0:54:27			
47	Laurel	Stusek	35	HS	55.5%	0.0%	0.0%	0.0%	0.0%	0.0%	55.5%						6,201.6
48	Lynlee	Linke	39	HS	55.2%	0.0%	0.0%	55.2%	0.0%	0.0%	0.0%			0:54:55			
49	Sarah	Espinoza	15		53.2%	0.0%	53.2%	0.0%	0.0%	0.0%	0.0%		0:45:30				
50	Mary	Brent	33		49.1%	0.0%	49.1%	0.0%	0.0%	0.0%	0.0%		0:49:20				
51	Abby	Maxa	27	HS	47.2%	0.0%	0.0%	47.2%	0.0%	0.0%	0.0%			1:04:16			
52	Rashmi	Saikia	35	KW	47.2%	0.0%	0.0%	47.2%	0.0%	0.0%	0.0%			1:04:17			
53	Deanna	Rands	31	HS	46.8%	0.0%	0.0%	0.0%	0.0%	0.0%	46.8%						5,263.9
54	Marlyn	Esparza	29		46.5%	0.0%	0.0%	46.5%	0.0%	0.0%	0.0%			1:05:16			
55	Katy	Schilhab	27		46.2%	0.0%	0.0%	46.2%	0.0%	0.0%	0.0%			1:05:42			
56	Karen	Alejandre	29	BCRR	45.6%	0.0%	0.0%	45.6%	0.0%	0.0%	0.0%			1:06:31			
57	Colleen	Cockrum	31		42.3%	0.0%	0.0%	0.0%	42.3%	0.0%	0.0%				0:56:55		
58	Vanessa	Paelicke	35	BARC	40.8%	0.0%	0.0%	40.8%	0.0%	0.0%	0.0%			1:14:20			
59	Railyn	Burke	33		39.6%	0.0%	0.0%	39.6%	0.0%	0.0%	0.0%			1:16:35			
60	Julie	Allen	35		38.4%	0.0%	38.4%	0.0%	0.0%	0.0%	0.0%		1:02:57				
61	Jen	Kim	36	HS	38.4%	0.0%	0.0%	0.0%	0.0%	38.4%	0.0%					0:38:34	
62	Leah	Tucker	29		37.4%	0.0%	0.0%	37.4%	0.0%	0.0%	0.0%			1:21:09			
63	Brooke	McKamy	38		28.6%	0.0%	0.0%	28.6%	0.0%	0.0%	0.0%			1:46:09			

## Spring 2009 HARRA Runner of the Season Standings as of 5/1/2009

## Women under 40-49

Place	First Name	Last Name	cat age	club	Best 3 of 6	Percentage:						Time:						
						xc	5mi	10k	8k	5k	LP	xc	5mi	10k	8k	5k	LP	
<b>Women 40-49</b>																		
1	Peggy	Yetman	40	HS	261.0%	0.0%	87.1%	88.1%	0.0%	0.0%	85.8%		0:28:47	0:35:39			9,127.1	
2	Helen	Grant	46	HS	244.0%	80.9%	81.2%	0.0%	80.4%	81.8%	80.6%	0:25:30	0:32:29		0:32:41	0:19:43	8,191.0	
3	Pam	Meaux	48	TWRC	240.8%	0.0%	79.6%	0.0%	78.8%	82.3%	0.0%		0:33:55		0:34:05	0:20:03		
4	Jody	Berry-Rico	48	HS	236.9%	78.8%	76.7%	79.0%	78.3%	79.2%	75.8%	0:27:05	0:35:13	0:42:51	0:34:18	0:20:52	7,539.2	
5	sheila	carmody	42	TWRC	235.3%	77.2%	78.2%	0.0%	0.0%	79.9%	0.0%	0:26:04	0:32:30			0:19:28		
6	Melissa	Hurta	45	ALRC	231.6%	75.1%	75.9%	0.0%	75.0%	79.2%	76.6%	0:27:29	0:34:26		0:35:02	0:20:22	7,780.4	
7	Anne	Ekern	40		223.4%	75.9%	73.0%	74.6%	72.6%	0.0%	0.0%	0:26:07	0:34:22	0:42:08	0:34:22			
8	Gloria	Favuzza	47		218.1%	73.2%	0.0%	73.8%	0.0%	0.0%	71.2%	0:28:49		0:45:20			7,173.4	
9	Annie	Hadow	44	ALRC	205.3%	68.1%	67.0%	68.6%	68.0%	68.6%	67.5%	0:30:03	0:38:37	0:47:17	0:37:51	0:23:03	7,026.5	
10	Deb	Clifford	48	TTC	197.9%	0.0%	0.0%	68.8%	0.0%	64.9%	64.2%				0:49:11		0:25:27	6,419.3
11	Lana	Moody	43	BCRR	183.6%	59.7%	58.6%	48.7%	58.3%	61.5%	62.4%	0:33:59	0:43:43	1:06:02	0:43:48	0:25:29	6,513.8	
12	Caroline	Root	42	BARC	169.8%	0.0%	55.9%	56.9%	57.0%	0.0%	0.0%		0:45:29	0:56:00	0:44:04			
13	Lara	Allen	40	BCRR	158.1%	0.0%	0.0%	47.6%	54.0%	56.5%	0.0%			1:06:02	0:46:11	0:27:07		
14	Rosemarie	Schmandt	47	BCRR	153.7%	50.5%	50.2%	50.6%	51.4%	51.8%	49.3%	0:41:17	0:52:32	1:06:04	0:51:41	0:31:31	5,035.9	
15	Lynette	Pebernat	49	TWRC	144.2%	0.0%	47.4%	47.1%	49.7%	0.0%	46.8%		0:57:42	1:12:40	0:54:46		4,677.1	
16	Mari	Glamser	49		126.5%	0.0%	0.0%	62.4%	0.0%	0.0%	64.1%			0:54:52			6,337.8	
17	Stephanie	Pangas	42	IFR	117.2%	0.0%	0.0%	58.0%	0.0%	59.2%	0.0%			0:54:57		0:26:17		
18	June	Vidrine	45	KW	110.7%	0.0%	54.8%	55.9%	0.0%	0.0%	0.0%		0:47:38	0:58:33				
19	Becky	Spaulding	46	BCRR	99.8%	0.0%	50.0%	49.9%	0.0%	0.0%	0.0%			0:52:48	1:06:21			
20	Katie	Decker	40	BCRR	92.5%	42.1%	0.0%	0.0%	0.0%	0.0%	50.3%	0:47:01					5,453.2	
21	Suzy	Seeley	49	ALRC	77.9%	0.0%	0.0%	0.0%	0.0%	77.9%	0.0%					0:21:43		
22	Esme	Fantozzi	40	BCRR	75.6%	0.0%	0.0%	75.6%	0.0%	0.0%	0.0%			0:41:34				
23	Heide	Mairs	48	TTC	75.2%	0.0%	75.2%	0.0%	0.0%	0.0%	0.0%		0:35:53					
24	Heide	Mairs	48	TTC	75.2%	0.0%	75.2%	0.0%	0.0%	0.0%	0.0%		0:35:53					
25	rose	rhoton	45	ALRC	73.0%	0.0%	0.0%	0.0%	0.0%	73.0%	0.0%					0:21:53		
26	Kathy	Roldan	43		70.3%	0.0%	0.0%	70.3%	0.0%	0.0%	0.0%			0:45:43				
27	Claire	Greenberg	46	BCRR	69.8%	0.0%	69.8%	0.0%	0.0%	0.0%	0.0%		0:37:49					
28	Janet	Beck	43	HS	65.8%	65.8%	0.0%	0.0%	0.0%	0.0%	0.0%	0:30:33						
29	Melissa	Moss	49	IFR	65.3%	0.0%	65.3%	0.0%	0.0%	0.0%	0.0%		0:41:51					
30	Deborah	Kingston	46	HS	65.0%	65.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0:32:07						
31	Mary Beth	Miller	47	USAF	63.4%	0.0%	0.0%	63.4%	0.0%	0.0%	0.0%			0:52:44				
32	MaryKat	Campion	46	BCRR	63.1%	0.0%	0.0%	0.0%	0.0%	63.1%	0.0%					0:25:35		
33	Jan	Broyles	47	FLS	62.9%	0.0%	0.0%	62.9%	0.0%	0.0%	0.0%			0:53:11				
34	Pony	Peterson	43	HS	62.2%	0.0%	0.0%	62.2%	0.0%	0.0%	0.0%			0:51:38				
35	Mariela	Botella	43	HMSA	60.6%	0.0%	0.0%	0.0%	60.6%	0.0%	0.0%				0:42:06			
36	Pamela	Paling	41	HS	59.3%	0.0%	59.3%	0.0%	0.0%	0.0%	0.0%		0:42:36					
37	Joan	O'Connor	49	HS	58.8%	0.0%	0.0%	0.0%	0.0%	58.8%	0.0%					0:28:26		
38	Maria	Martinez	42	TOR	58.6%	0.0%	0.0%	0.0%	0.0%	58.6%	0.0%					0:26:33		
39	Rosa	Alzate	42	HS	56.3%	0.0%	0.0%	56.3%	0.0%	0.0%	0.0%			0:56:39				
40	Michelle	Crossley	47	GALL	56.1%	0.0%	56.1%	0.0%	0.0%	0.0%	0.0%		0:47:35					
41	Penny	Derkowski	49	KW	52.9%	0.0%	0.0%	52.9%	0.0%	0.0%	0.0%			1:04:45				
42	Theresa	Bueno-Gonzalez	41	RH	50.6%	0.0%	0.0%	50.6%	0.0%	0.0%	0.0%			1:02:34				
43	Andrea	Chan	44		49.8%	0.0%	0.0%	49.8%	0.0%	0.0%	0.0%			1:05:06				
44	Betty	Potteiger	48		46.0%	0.0%	0.0%	0.0%	0.0%	46.0%	0.0%					0:35:53		
45	susan	velasquez	40	TOR	45.9%	0.0%	45.9%	0.0%	0.0%	0.0%	0.0%		0:54:34					

## Spring 2009 HARRA Runner of the Season Standings as of 5/1/2009

## Women under 50-59

Place	First Name	Last Name	cat age	club	Best 3 of 6	Percentage:						Time:					
						xc	5mi	10k	8k	5k	LP	xc	5mi	10k	8k	5k	LP
<b>Women 50-59</b>																	
1	Alice	Keelin	59	TTC	244.0%	0.0%	79.9%	81.8%	0.0%	82.3%	0.0%		0:39:00	0:47:46		0:23:08	
2	Donna	Sterns	56	HH	243.3%	81.7%	82.0%	0.0%	0.0%	79.6%	75.2%	0:28:34	0:35:58			0:22:58	6,776.3
3	Rebecca	Marvil	50	HH	239.1%	81.1%	0.0%	0.0%	79.5%	0.0%	78.5%	0:26:57			0:34:38		7,521.0
4	Carole	Uttecht	53	ALRC	234.6%	78.7%	77.2%	0.0%	77.5%	78.4%	0.0%	0:28:54	0:37:12		0:36:54	0:22:26	
5	Alison	Stewart	50	HS	233.7%	77.2%	76.5%	0.0%	76.3%	79.4%	77.1%	0:28:20	0:36:09		0:36:04	0:21:19	7,486.5
6	Vicki	Jones	58		211.8%	0.0%	0.0%	0.0%	69.0%	72.8%	70.0%				0:44:19	0:25:50	6,160.9
7	Kathleen	Mahon	54	BCRR	208.3%	65.9%	0.0%	55.3%	67.5%	71.0%	69.7%	0:34:57		1:06:00	0:42:55	0:25:03	6,460.6
8	LeeAnne	Voorhees	56	BARC	206.0%	67.7%	66.9%	67.2%	68.0%	70.3%	64.8%	0:34:56	0:44:41	0:55:49	0:43:46	0:26:00	5,866.2
9	Gloria	Mahoney	58	BCRR	204.3%	0.0%	65.9%	66.2%	68.4%	69.7%	0.0%		0:46:39	0:58:13	0:44:43	0:26:58	
10	Catherine	Fulford	50	BARC	198.6%	65.0%	65.6%	62.2%	65.9%	67.2%	63.1%	0:33:39	0:42:12	0:55:48	0:41:46	0:25:11	6,166.7
11	Suzanne	Day	52	HH	164.4%	0.0%	81.0%	83.4%	0.0%	0.0%	0.0%		0:35:00	0:42:39			
12	Yong	Collins	54	HS	149.0%	74.9%	0.0%	74.1%	0.0%	0.0%	0.0%	0:30:44		0:49:15			
13	Rhonda	Emerson	51	BCRR	140.2%	67.3%	0.0%	0.0%	72.9%	0.0%	0.0%	0:32:56			0:38:14		
14	Linda	Akhter	50		137.5%	68.4%	0.0%	0.0%	0.0%	69.1%	0.0%	0:31:57				0:24:29	
15	Karen	Lancer	57	BARC	126.1%	63.9%	62.2%	0.0%	0.0%	0.0%	0.0%	0:37:30	0:48:45				
16	Nancy	Woods	51	BARC	123.7%	0.0%	61.3%	0.0%	0.0%	62.4%	0.0%		0:45:44			0:27:27	
17	Jill	DeVay	57	BCRR	122.1%	0.0%	58.8%	0.0%	0.0%	0.0%	63.3%		0:51:34				5,662.3
18	June	Harris	52	BCRR	118.2%	0.0%	59.0%	0.0%	0.0%	0.0%	59.2%		0:48:05				5,655.3
19	linnie	reichle	53	BCRR	116.9%	0.0%	56.9%	0.0%	0.0%	0.0%	59.9%		0:50:28				5,656.5
20	Gail	Stewart	51	BCRR	115.8%	0.0%	57.2%	0.0%	0.0%	0.0%	58.6%		0:48:57				5,672.9
21	Lizbeth	Tulloch	51		115.3%	0.0%	0.0%	0.0%	56.0%	59.3%	0.0%				0:49:46	0:28:54	
22	Annabella	Green	53	HS	111.2%	0.0%	0.0%	55.3%	55.9%	0.0%	0.0%			1:05:10	0:51:08		
23	Lana	Shadwick	51	HS	94.7%	48.3%	46.5%	0.0%	0.0%	0.0%	0.0%	0:45:54	1:00:16				
24	Julie	Rutledge	54	HS	76.6%	0.0%	76.6%	0.0%	0.0%	0.0%	0.0%		0:38:02				
25	Cindy	Sosa	54	HH	72.0%	0.0%	0.0%	72.0%	0.0%	0.0%	0.0%			0:50:41			
26	Miriam	Terc	50	HS	70.7%	0.0%	0.0%	70.7%	0.0%	0.0%	0.0%			0:49:04			
27	Marie	Hutchinson	50	ALRC	69.0%	0.0%	69.0%	0.0%	0.0%	0.0%	0.0%		0:40:07				
28	Patti	Muck	50	FLS	68.9%	0.0%	68.9%	0.0%	0.0%	0.0%	0.0%		0:40:09				
29	Sophie	Rydin	58	HS	67.5%	0.0%	0.0%	0.0%	0.0%	67.5%	0.0%					0:27:51	
30	BernieSue	Steffeck	50		67.3%	0.0%	0.0%	0.0%	0.0%	67.3%	0.0%					0:21:59	
31	Deana	Tysdal	56	TOR	63.9%	0.0%	0.0%	63.9%	0.0%	0.0%	0.0%			0:58:41			
32	Ivy	Martino	57	BCRR	62.5%	0.0%	0.0%	0.0%	0.0%	0.0%	62.5%						5,592.2
33	Lori	Batchelder	52	USAF	60.6%	0.0%	0.0%	0.0%	0.0%	60.6%	0.0%					0:28:37	
34	Elaine	Mut	52		60.6%	0.0%	0.0%	0.0%	0.0%	60.6%	0.0%					0:28:38	
35	Barbara	Shepard	54		59.7%	0.0%	59.7%	0.0%	0.0%	0.0%	0.0%		0:48:48				
36	Ruth	Ruffino	57	RH	58.9%	0.0%	0.0%	58.9%	0.0%	0.0%	0.0%			1:04:28			
37	K	Moriarty	55		58.8%	0.0%	58.8%	0.0%	0.0%	0.0%	0.0%		0:50:12				
38	Delores	Dunham	53	RH	55.2%	0.0%	0.0%	0.0%	55.2%	0.0%	0.0%				0:51:46		
39	Sandy	Junn	58	BARC	53.8%	0.0%	53.8%	0.0%	0.0%	0.0%	0.0%		0:57:08				
40	Joanne	Starbuck	54	GALL	50.4%	0.0%	0.0%	0.0%	50.4%	0.0%	0.0%				0:57:33		

## Spring 2009 HARRA Runner of the Season Standings as of 5/1/2009

## Women 60+

Place	First Name	Last Name	cat age	club	Best 3 of 6	Percentage:						Time:					
						xc	5mi	10k	8k	5k	LP	xc	5mi	10k	8k	5k	LP
<b>Women 60+</b>																	
1	SABRA	HARVEY	60	HS	296.6%	97.4%	96.5%	98.0%	97.8%	100.8%	94.1%	0:25:17	0:32:18	0:40:24	0:32:10	0:19:11	7,979.7
2	Nancy	Prejean	63	TWRC	264.2%	0.0%	87.3%	87.9%	0.0%	89.0%	0.0%		0:37:48	0:47:06		0:22:41	
3	Elizabeth	Ahrens	62	HS	225.2%	0.0%	70.1%	0.0%	73.5%	79.0%	72.7%		0:46:26		0:44:03	0:25:11	6,044.2
4	Susan	Lorms	62	ALRC	204.5%	0.0%	69.7%	0.0%	66.3%	68.4%	0.0%		0:46:39		0:48:48	0:29:05	
5	Judy	Loy	70	HS	194.0%	0.0%	0.0%	64.6%	0.0%	65.5%	63.9%			1:11:31		0:34:23	4,736.3
6	Mary	Savino	61	BCRR	182.2%	0.0%	57.6%	58.2%	60.8%	63.3%	55.2%		0:55:42	1:09:05	0:52:29	0:30:58	4,705.2
7	Jo Ann	Luco	69	HMSA	181.3%	61.4%	60.6%	0.0%	0.0%	59.3%	0.0%	0:46:43	0:59:47			0:38:01	
8	Nancy	Crane	66	HMSA	70.7%	70.7%	0.0%	0.0%	0.0%	0.0%	0.0%	0:38:40					
9	Betsy	Anderson	60	HS	63.7%	0.0%	63.7%	0.0%	0.0%	0.0%	0.0%		0:49:39				
10	Sara	White	66		61.2%	61.2%	0.0%	0.0%	0.0%	0.0%	0.0%	0:44:40					
11	Rosa	Herst	65	HMSA	58.3%	0.0%	0.0%	0.0%	58.3%	0.0%	0.0%				0:58:07		
12	Christina	Stone	60	TTC	53.2%	0.0%	0.0%	0.0%	0.0%	53.2%	0.0%					0:36:21	
13	Molly	Field - Stout	60	TWRC	52.1%	0.0%	52.1%	0.0%	0.0%	0.0%	0.0%		1:00:39				
14	Vicki	Vandaveer	64	HMSA	44.2%	0.0%	0.0%	44.2%	0.0%	0.0%	0.0%			1:34:58			
15	Nancy	Holcomb	63	HS	41.2%	0.0%	0.0%	41.2%	0.0%	0.0%	0.0%			1:40:30			

## Spring 2009 HARRA Runner of the Season Standings as of 5/1/2009

## Men under 40

Place	First Name	Last Name	cat age	club	Best 3 of 6	Percentage:						Time:					
						xc	5mi	10k	8k	5k	LP	xc	5mi	10k	8k	5k	LP
<b>Men under 40</b>																	
1	luis	armenteros	36	HH	249.1%	0.0%	82.8%	82.3%	0.0%	84.1%	82.2%		0:25:46	0:32:38		0:15:20	10,190.7
2	William	Blancett	33	HS	242.5%	0.0%	79.5%	81.0%	0.0%	82.0%	0.0%		0:26:51	0:33:09		0:15:44	
3	jose	lara	33	TOR	241.9%	81.8%	0.0%	80.0%	79.1%	80.2%	78.0%	0:20:30		0:33:35	0:26:48	0:16:05	9,696.9
4	John	Yoder	38	HS	229.0%	0.0%	76.3%	52.0%	75.9%	76.8%	0.0%		0:27:58	0:51:38	0:27:55	0:16:48	
5	JOE	OVIEDO	33	TOR	226.9%	0.0%	0.0%	0.0%	75.5%	76.6%	74.8%				0:28:06	0:16:51	9,325.6
6	Andrew	Sharensen	38		218.5%	73.5%	72.1%	72.9%	72.1%	0.0%	0.0%	0:22:49	0:29:35	0:36:50	0:29:25		
7	Jeff	Eisele	38	TOR	213.7%	70.5%	69.8%	72.0%	71.2%	69.8%	0.0%	0:23:46	0:30:33	0:37:19	0:29:46	0:18:29	
8	Sean	Dunbar	38	TOR	212.1%	69.1%	69.8%	70.7%	68.6%	71.6%	0.0%	0:24:15	0:30:35	0:37:58	0:30:54	0:18:01	
9	Leno	Rios	38	TOR	212.1%	0.0%	71.5%	71.5%	0.0%	69.0%	68.4%		0:29:50	0:37:32		0:18:41	8,568.7
10	Chris	Robbins	34	BARC	209.2%	70.6%	66.8%	71.7%	0.0%	0.0%	0.0%	0:23:44	0:31:56	0:37:26			
11	Simon	Brabo	33	BCRR	200.1%	66.0%	64.9%	67.5%	66.6%	65.0%	0.0%	0:25:23	0:32:53	0:39:47	0:31:50	0:19:50	
12	Irwin	Stewart	39	BARC	200.1%	63.4%	62.2%	56.4%	66.7%	69.1%	64.3%	0:26:26	0:34:18	0:47:36	0:33:39	0:19:45	7,657.5
13	Neeraj	Rohilla	26	BCRR	194.1%	0.0%	0.0%	65.3%	0.0%	65.7%	63.1%			0:41:09		0:19:37	7,934.3
14	Carwyn	Sharp	35	BARC	184.6%	60.8%	67.5%	56.4%	0.0%	0.0%	0.0%	0:27:35	0:31:37	0:47:36			
15	Hardeep	Thind	39	BCRR	183.2%	0.0%	54.3%	54.7%	57.7%	57.5%	68.0%		0:39:16	0:49:03	0:36:46	0:22:25	8,518.4
16	clayton	smith	33	BCRR	175.7%	55.3%	52.5%	65.0%	55.4%	0.0%	53.1%	0:30:19	0:40:38	0:41:18	0:38:16		6,745.4
17	Thomas	Wille	28	BCRR	172.5%	56.7%	53.7%	40.7%	0.0%	58.5%	57.3%	0:29:34	0:39:44	1:06:01		0:22:03	7,244.2
18	Colin	Carroll	24		166.4%	84.2%	82.3%	0.0%	0.0%	0.0%	0.0%	0:19:55	0:25:56				
19	Gabriel	Rodriguez	31	TOR	165.9%	86.6%	0.0%	0.0%	79.4%	0.0%	0.0%	0:19:21			0:26:43		
20	John	Hedengren	31	BARC	165.7%	83.9%	81.7%	0.0%	0.0%	0.0%	0.0%	0:19:58	0:26:06				
21	Tom	Hoge	38	BARC	157.0%	0.0%	51.4%	48.1%	0.0%	0.0%	57.5%		0:41:32	0:55:48			7,268.8
22	Rudy	Rocha	39	BARC	155.6%	78.6%	0.0%	0.0%	0.0%	76.9%	0.0%	0:21:19				0:16:46	
23	Jonathan	Bennett	34	TOR	137.0%	0.0%	68.5%	68.5%	0.0%	0.0%	0.0%		0:31:08	0:39:13			
24	Jon	Grant	39		124.1%	62.8%	61.2%	0.0%	0.0%	0.0%	0.0%	0:26:40	0:34:51				
25	Matthew	Moreland	34		115.6%	0.0%	0.0%	0.0%	55.9%	59.7%	0.0%				0:37:56	0:21:37	
26	Chintan	Desai	26	BARC	113.8%	0.0%	0.0%	56.4%	0.0%	0.0%	57.4%			0:47:36			7,253.9
27	Jason	Fowlkes	33	ALRC	106.3%	31.6%	34.9%	39.7%	0.0%	0.0%	0.0%	0:52:59	1:01:06	1:07:35			
28	Jason	Brent	33		91.4%	0.0%	43.2%	48.2%	0.0%	0.0%	0.0%		0:49:20	0:55:45			
29	Geoffrey	Streit	29	KW	78.1%	78.1%	0.0%	0.0%	0.0%	0.0%	0.0%	0:21:27					
30	Brian	Alvarado	16	ALRC	77.3%	0.0%	77.3%	0.0%	0.0%	0.0%	0.0%		0:27:36				
31	Joseph	Routt	29	TOR	75.7%	0.0%	0.0%	75.7%	0.0%	0.0%	0.0%			0:35:28			
32	George	Alvarado	17	ALRC	72.7%	0.0%	72.7%	0.0%	0.0%	0.0%	0.0%		0:29:22				
33	Christopher	Holdren	29	BARC	71.5%	0.0%	0.0%	71.5%	0.0%	0.0%	0.0%			0:37:34			
34	Adrian	Martinez	30		71.3%	71.3%	0.0%	0.0%	0.0%	0.0%	0.0%	0:23:30					
35	Jeremy	Rowe	35	FLS	65.8%	0.0%	65.8%	0.0%	0.0%	0.0%	0.0%		0:32:26				
36	Neil	McKenna	39	HS	64.2%	0.0%	0.0%	64.2%	0.0%	0.0%	0.0%			0:41:49			
37	Max	Dunlap	38	HS	59.3%	59.3%	0.0%	0.0%	0.0%	0.0%	0.0%	0:28:16					
38	jeremiah	anderson	31		58.8%	0.0%	0.0%	0.0%	58.8%	0.0%	0.0%				0:36:05		
39	Stephen	Milford	23	BARC	57.4%	57.4%	0.0%	0.0%	0.0%	0.0%	0.0%	0:29:13					
40	Mark	Schuck	31		57.2%	0.0%	0.0%	0.0%	57.2%	0.0%	0.0%				0:37:03		
41	Alvaro	Belloso	35		56.8%	0.0%	0.0%	56.8%	0.0%	0.0%	0.0%			0:47:16			
42	Robert	Nelson	26	TWRC	56.6%	0.0%	56.6%	0.0%	0.0%	0.0%	0.0%		0:37:40				
43	Tiberio	Gonzalez	33	TOR	53.8%	0.0%	0.0%	53.8%	0.0%	0.0%	0.0%			0:49:55			
44	Jay	Ring	31	PARC	51.4%	51.4%	0.0%	0.0%	0.0%	0.0%	0.0%	0:32:36					
45	Brian	Schill	36		50.2%	0.0%	0.0%	50.2%	0.0%	0.0%	0.0%			0:53:30			
46	Joseph	Horstman	30		48.5%	0.0%	0.0%	48.5%	0.0%	0.0%	0.0%			0:55:23			
47	Paul	Estrada	31		48.3%	0.0%	0.0%	48.3%	0.0%	0.0%	0.0%			0:55:33			
48	Vincent	Aurelio	36		48.3%	0.0%	0.0%	48.3%	0.0%	0.0%	0.0%			0:55:38			
49	Charlie	Tauber	36		47.3%	0.0%	0.0%	0.0%	47.3%	0.0%	0.0%				0:44:48		
50	Richard	Burke	36		44.9%	0.0%	0.0%	44.9%	0.0%	0.0%	0.0%			0:59:44			
51	Inmar	Aguilar	32	TOR	43.1%	0.0%	43.1%	0.0%	0.0%	0.0%	0.0%		0:49:27				
52	Brian	Trachtenberg	35		42.9%	0.0%	0.0%	0.0%	42.9%	0.0%	0.0%				0:49:22		
53	Blake	Masters	31	IFR	42.9%	0.0%	42.9%	0.0%	0.0%	0.0%	0.0%		0:49:45				
54	Theodore	Gorman	33	BCRR	40.3%	0.0%	40.3%	0.0%	0.0%	0.0%	0.0%		0:52:52				
55	Adam	Smith	28	HS	40.1%	0.0%	40.1%	0.0%	0.0%	0.0%	0.0%		0:53:14				
56	Jason	Alexander	33		29.2%	0.0%	0.0%	29.2%	0.0%	0.0%	0.0%			1:31:59			

Spring 2009 HARRA Runner of the Season Standings as of 5/1/2009  
Men 40-49

Place	First Name	Last Name	cat age	club	Best 3 of 6	Percentage:						Time:					
						xc	5mi	10k	8k	5k	LP	xc	5mi	10k	8k	5k	LP
<b>Men 40-49</b>																	
1	Gerardo	Mora	42	HMSA	249.1%	82.1%	82.1%	83.3%	81.8%	83.7%	82.0%	0:21:56	0:27:55	0:34:36	0:27:50	0:16:33	9,504.2
2	Sim	Cuevas	49	TOR	248.3%	81.5%	81.0%	82.9%	80.3%	83.9%	0.0%	0:23:08	0:29:37	0:36:26	0:29:42	0:17:27	
3	John	Ackerman	46	TOR	243.5%	81.3%	80.4%	80.6%	79.3%	81.6%	79.9%	0:22:50	0:29:24	0:36:53	0:29:36	0:17:31	9,008.5
4	Richard	Peoples Jr.	49	ALRC	243.5%	81.9%	80.8%	80.8%	0.0%	0.0%	0.0%	0:23:13	0:29:58	0:37:40			
5	Tuan	Nguyen	47	HMSA	243.5%	81.4%	80.6%	0.0%	0.0%	81.5%	79.0%	0:23:00	0:29:33			0:17:40	8,840.6
6	Christopher	Bittinger	41	HH	241.3%	80.7%	80.1%	0.0%	0.0%	80.5%	78.3%	0:22:09	0:28:23			0:17:05	9,099.4
7	Thomas	King Jr	40	HS	240.2%	80.3%	79.1%	0.0%	0.0%	80.5%	79.3%	0:22:05	0:28:32			0:16:57	9,341.4
8	Robert	Walters	48	BCRR	237.1%	77.1%	78.2%	79.5%	77.8%	79.4%	0.0%	0:24:27	0:30:42	0:38:00	0:30:41	0:18:17	
9	Matthew	Nicol	46	BCRR	236.9%	78.8%	78.2%	79.6%	78.5%	0.0%	0.0%	0:23:34	0:30:14	0:37:20	0:29:55		
10	Kevin	Regis	49	TOR	234.1%	0.0%	0.0%	76.4%	79.5%	78.2%	0.0%			0:39:51	0:30:16	0:18:42	
11	Thorleif	Egeli	45	HS	232.0%	0.0%	0.0%	77.7%	77.1%	77.2%	75.9%			0:37:59	0:30:14	0:18:22	8,641.8
12	Predrag	Bojovic	46	HS	225.8%	0.0%	0.0%	75.2%	74.4%	76.2%	74.2%			0:39:31	0:31:35	0:18:44	8,401.3
13	Steve	Schroeder	43	HS	225.0%	69.2%	71.9%	75.5%	73.5%	76.0%	72.3%	0:26:11	0:32:07	0:38:29	0:31:13	0:18:23	8,375.4
14	Lance	Collins	46	HS	224.1%	0.0%	74.3%	76.7%	73.2%	0.0%	0.0%		0:31:49	0:38:47	0:32:06		
15	John	Shepperd	48	TTC	220.2%	71.0%	69.1%	73.5%	72.7%	74.0%	0.0%	0:26:21	0:34:45	0:41:06	0:32:48	0:19:38	
16	Tom	Stilwell	40	BCRR	219.4%	0.0%	68.5%	73.2%	71.7%	74.5%	0.0%		0:32:57	0:38:50	0:31:17	0:18:19	
17	Assynt	Macleod	42	HS	218.2%	71.2%	70.7%	73.0%	72.2%	73.0%	69.4%	0:25:16	0:32:24	0:39:30	0:31:31	0:18:59	8,114.5
18	Shon	Moynihan	43		211.5%	0.0%	68.9%	72.1%	0.0%	70.5%	0.0%		0:33:30	0:40:19		0:19:48	
19	Paul	Schulz	49	BCRR	208.5%	70.9%	0.0%	64.6%	67.7%	69.9%	0.0%	0:26:50		0:47:08	0:35:33	0:21:05	
20	Roland	Rodriguez	40		203.5%	0.0%	0.0%	66.7%	67.8%	69.1%	0.0%			0:42:37	0:33:07	0:19:45	
21	michael	moran	48	BCRR	196.5%	0.0%	0.0%	65.7%	64.7%	66.1%	0.0%			0:46:00	0:36:53	0:21:57	
22	Michael	Root	46	BARC	190.2%	0.0%	51.9%	69.5%	68.8%	0.0%	0.0%		0:45:30	0:42:46	0:34:09		
23	Frank	Bilotti	40	KW	185.6%	0.0%	60.5%	62.5%	0.0%	62.6%	0.0%		0:37:18	0:45:27		0:21:48	
24	Eddie	Rodriguez	48	BCRR	182.3%	60.5%	60.0%	0.0%	58.8%	61.8%	56.2%	0:31:09	0:40:00		0:40:32	0:23:29	6,366.5
25	Stephen	Moore	43	HS	180.3%	59.3%	61.5%	59.5%	0.0%	0.0%	0.0%	0:30:35	0:37:31	0:48:51			
26	joe	flores	49	HH	176.6%	0.0%	89.2%	87.4%	0.0%	0.0%	0.0%		0:27:07	0:34:51			
27	Martin	Stupel	44		162.0%	52.6%	52.0%	47.6%	53.7%	54.3%	54.0%	0:34:47	0:44:43	1:01:29	0:43:01	0:25:54	6,304.0
28	Steve	Morrell	45		160.1%	0.0%	0.0%	80.8%	79.3%	0.0%	0.0%			0:36:32	0:29:24		
29	Francisco	Garza	43	TOR	156.0%	0.0%	0.0%	0.0%	77.8%	78.2%	0.0%				0:29:29	0:17:52	
30	Bill	Travis	43	TWRC	132.3%	0.0%	65.9%	0.0%	0.0%	66.4%	0.0%		0:35:02			0:21:02	
31	Roseal	Johnson Jr.	44		130.9%	0.0%	41.7%	43.8%	45.3%	0.0%	0.0%		0:55:45	1:06:49	0:51:01		
32	Paul	Danilewicz	45	BCRR	128.1%	63.9%	64.2%	0.0%	0.0%	0.0%	0.0%	0:28:48	0:36:32				
33	Robert	Schamus	44	HS	122.5%	0.0%	59.8%	0.0%	0.0%	62.7%	0.0%		0:37:43			0:21:56	
34	Keith	Crow	45		118.6%	0.0%	0.0%	55.0%	63.5%	0.0%	0.0%			0:53:39	0:36:40		
35	Mark	Gonzales	44	TOR	104.0%	0.0%	57.0%	47.0%	0.0%	0.0%	0.0%		0:40:51	1:02:16			
36	Bob	Entwhistle	40	KW	101.1%	0.0%	0.0%	50.5%	0.0%	0.0%	50.6%			0:56:14			6,102.2
37	Wilmer	Bustillos	43	TOR	85.4%	0.0%	85.4%	0.0%	0.0%	0.0%	0.0%		0:27:03				
38	Francisco	Perez	44	TOR	81.2%	0.0%	81.2%	0.0%	0.0%	0.0%	0.0%		0:28:40				
39	Stewart	Crouch	47		80.7%	80.7%	0.0%	0.0%	0.0%	0.0%	0.0%	0:23:12					
40	Mike	Crowley	44	BCRR	79.2%	0.0%	0.0%	79.2%	0.0%	0.0%	0.0%			0:36:59			
41	Agapito	Gaytan	48	TOR	78.6%	0.0%	0.0%	78.6%	0.0%	0.0%	0.0%			0:38:28			
42	Mark	Drummond	49		76.5%	0.0%	0.0%	76.5%	0.0%	0.0%	0.0%			0:39:48			
43	Jorge	Alvarado	44	ALRC	74.5%	0.0%	74.5%	0.0%	0.0%	0.0%	0.0%		0:31:15				
44	Jacob	Tonge	46	BCRR	71.5%	0.0%	0.0%	71.5%	0.0%	0.0%	0.0%			0:41:36			
45	JOEL	CHAPA	47		71.0%	0.0%	0.0%	71.0%	0.0%	0.0%	0.0%			0:42:12			
46	Stuart	Muirhead	43	BCRR	70.9%	0.0%	0.0%	0.0%	0.0%	0.0%	70.9%						8,168.7
47	Jose	Reyes	42	TOR	70.1%	0.0%	0.0%	0.0%	70.1%	0.0%	0.0%				0:32:29		
48	Walt	Yarrow	41	FLS	69.6%	0.0%	69.6%	0.0%	0.0%	0.0%	0.0%		0:32:41				
49	Eric	Stotzer	41	BCRR	68.1%	0.0%	0.0%	68.1%	0.0%	0.0%	0.0%			0:42:01			
50	Raul	Martinez	44		67.4%	0.0%	0.0%	67.4%	0.0%	0.0%	0.0%			0:43:28			
51	Eddie	Espinosa	46	TOR	66.7%	0.0%	0.0%	66.7%	0.0%	0.0%	0.0%			0:44:33			
52	Scott	Wonderly	42	BCRR	66.6%	0.0%	0.0%	66.6%	0.0%	0.0%	0.0%			0:43:18			
53	Michael	Csikos, Jr.	40	TWRC	66.5%	0.0%	0.0%	66.5%	0.0%	0.0%	0.0%			0:42:44			
54	Mike	Marczak	49	BCRR	62.9%	0.0%	0.0%	0.0%	0.0%	62.9%	0.0%					0:23:15	
55	Bradford	Moore	40		62.3%	62.3%	0.0%	0.0%	0.0%	0.0%	0.0%	0:28:29					
56	Darrin	Caramonta	43		61.1%	0.0%	0.0%	61.1%	0.0%	0.0%	0.0%			0:47:33			
57	Randy	Bradley	46	TWRC	60.1%	0.0%	0.0%	60.1%	0.0%	0.0%	0.0%			0:49:29			
58	Lee	Baughman	46	KW	59.6%	0.0%	0.0%	59.6%	0.0%	0.0%	0.0%			0:49:54			
59	Javier	Lopez	42	KW	58.4%	0.0%	0.0%	0.0%	58.4%	0.0%	0.0%				0:38:24		
60	Oscar	Peraza	46	KW	58.3%	58.3%	0.0%	0.0%	0.0%	0.0%	0.0%	0:31:50					
61	JIMMY	TOY	43	FLS	57.5%	0.0%	0.0%	0.0%	57.5%	0.0%	0.0%				0:39:55		
62	Jeffrey	Tabourne	43	BCRR	57.4%	0.0%	0.0%	0.0%	0.0%	0.0%	57.4%						6,736.9
63	Robert	Moser	49		55.2%	0.0%	0.0%	0.0%	0.0%	55.2%	0.0%					0:26:31	
64	Bill	Spear	49		51.3%	0.0%	0.0%	51.3%	0.0%	0.0%	0.0%			0:59:23			
65	Dave	Martin	48		50.9%	0.0%	0.0%	50.9%	0.0%	0.0%	0.0%			0:59:20			
66	Joseph	Essoh	46	CLFC	48.8%	0.0%	0.0%	48.8%	0.0%	0.0%	0.0%			1:00:57			
67	Luis	Borja	40		47.5%	0.0%	0.0%	47.5%	0.0%	0.0%	0.0%			0:59:52			
68	felipe	torres	43	TOR	45.3%	0.0%	0.0%	0.0%	0.0%	45.3%	0.0%					0:30:52	
69	Wesley	Ward	40	USAF	44.1%	0.0%	44.1%	0.0%	0.0%	0.0%	0.0%		0:48:25				
70	Russell	Meyer	40	HH	38.3%	0.0%	0.0%	38.3%	0.0%	0.0%	0.0%			1:10:10			

## Spring 2009 HARRA Runner of the Season Standings as of 5/1/2009

## Men 50-59

Place	First Name	Last Name	cat age	club	Best 3 of 6	Percentage:						Time:					
						xc	5mi	10k	8k	5k	LP	xc	5mi	10k	8k	5k	LP
<b>Men 50-59</b>																	
1	Steve	Brammer	57	TOR	261.9%	87.1%	86.7%	87.8%	87.0%	0.0%	84.6%	0:23:19	0:29:48	0:37:03	0:29:32		8,735.9
2	Joe	Melanson	53	OTR	258.4%	0.0%	86.6%	86.0%	85.4%	0.0%	85.8%		0:28:53	0:36:33	0:29:05		9,132.3
3	Miguel	Lopez	57	TOR	253.3%	81.0%	83.4%	0.0%	85.6%	84.3%	82.2%	0:25:05	0:30:59		0:30:00	0:18:32	8,502.7
4	Larry	Tidwell	53	HMSA	248.2%	82.9%	81.4%	0.0%	0.0%	83.9%	0.0%	0:23:30	0:30:26			0:18:01	
5	Jay	Hendrickson	55	BCRR	247.4%	82.0%	82.5%	83.0%	0.0%	0.0%	0.0%	0:24:21	0:30:49	0:38:32			
6	Edward	Fry	53	HMSA	243.0%	81.3%	80.6%	81.0%	0.0%	80.8%	78.6%	0:24:09	0:31:01	0:38:51		0:18:43	8,414.4
7	Jose	Torres	55	ALRC	242.7%	0.0%	0.0%	82.3%	79.5%	80.8%	0.0%			0:38:52	0:31:45	0:19:00	
8	Brian	Smyth	55	HH	241.2%	0.0%	77.5%	77.6%	79.7%	83.9%	0.0%		0:32:48	0:41:13	0:31:41	0:18:19	
9	Dale	Lee	53	TTC	241.0%	77.4%	0.0%	80.6%	79.2%	81.1%	79.1%	0:25:21		0:39:01	0:31:20	0:18:38	8,466.3
10	Scott	Bounds	56	BCRR	240.8%	78.4%	78.1%	79.6%	79.4%	81.7%	79.6%	0:25:41	0:32:50	0:40:32	0:32:05	0:18:59	8,309.8
11	Victor	Aguirre	57	TOR	236.8%	79.0%	78.5%	79.1%	77.9%	78.7%	77.3%	0:25:42	0:32:56	0:41:08	0:32:59	0:19:52	8,021.1
12	Richard	Verm	55	BCRR	234.2%	78.8%	77.3%	75.6%	76.6%	78.0%	75.8%	0:25:20	0:32:52	0:42:18	0:32:59	0:19:42	8,001.6
13	Juergen	Mueller	57	RH	233.4%	0.0%	77.0%	78.3%	0.0%	78.0%	0.0%		0:33:34	0:41:32		0:20:02	
14	Darrell	Sterns	57	HH	229.8%	77.5%	76.3%	0.0%	0.0%	76.1%	72.4%	0:26:13	0:33:53			0:20:33	7,543.5
15	Robert	Brown	50	BCRR	229.7%	75.5%	0.0%	75.6%	76.3%	77.8%	69.5%	0:25:23		0:40:37	0:31:45	0:18:58	7,605.7
16	David	Piper	50	BCRR	225.0%	75.3%	73.3%	74.2%	74.4%	75.3%	74.4%	0:25:26	0:33:15	0:41:21	0:32:35	0:19:36	8,169.6
17	Mark	Fraser	52	BCRR	224.4%	73.7%	71.8%	75.8%	74.3%	74.3%	72.0%	0:26:26	0:34:32	0:41:11	0:33:08	0:20:10	7,802.3
18	John	Polisini	55	ALRC	219.7%	75.9%	72.8%	64.7%	70.9%	71.0%	0.0%	0:26:17	0:34:56	0:49:28	0:35:36	0:21:38	
19	Ronnie	Schreiber	59	ALRC	216.9%	69.4%	70.0%	72.4%	71.5%	72.9%	69.7%	0:29:31	0:37:15	0:45:43	0:36:32	0:21:48	7,157.0
20	Stephen	Smith	56	TWRC	216.5%	0.0%	71.8%	72.8%	72.0%	0.0%	0.0%		0:35:43	0:44:20	0:35:23		
21	HANK	KASTNER	57	BCRR	211.5%	73.3%	68.0%	70.2%	0.0%	0.0%	0.0%	0:27:43	0:38:02	0:46:19			
22	Andrew	Cox	54	HS	199.5%	0.0%	65.5%	67.2%	0.0%	66.8%	0.0%		0:38:10	0:47:13		0:22:48	
23	Roger	Redding	50	BARC	187.6%	62.8%	62.5%	57.8%	62.3%	0.0%	61.9%	0:30:32	0:39:00	0:53:06	0:38:54		6,868.0
24	Jose	Castaneda	55	HS	176.6%	57.9%	59.7%	59.0%	0.0%	0.0%	0.0%	0:34:10	0:42:35	0:54:15			
25	Virgil	Enos	54	BARC	168.0%	52.3%	52.4%	42.7%	56.7%	55.2%	56.1%	0:37:49	0:48:04	1:14:17	0:44:33	0:27:50	6,015.5
26	Fernando	Lopez	50	TOR	167.7%	82.6%	85.1%	0.0%	0.0%	0.0%	0.0%	0:23:13	0:28:39				
27	Jamal	Jamalyaria	57	TOR	161.1%	0.0%	80.2%	0.0%	0.0%	80.9%	0.0%		0:32:14			0:19:20	
28	mark	Girouard	53	TTC	156.0%	0.0%	0.0%	78.4%	0.0%	77.6%	0.0%			0:40:08		0:19:29	
29	Michael	Krakower	55	HH	144.8%	71.5%	73.4%	0.0%	0.0%	0.0%	0.0%	0:27:56	0:34:39				
30	Ernesto	Baca	53	HH	141.0%	0.0%	70.3%	0.0%	0.0%	70.6%	0.0%		0:35:33			0:21:34	
31	Bob	Sevin Jr.	52	FLS	137.8%	75.0%	0.0%	62.8%	0.0%	0.0%	0.0%	0:25:45		0:49:43			
32	Helge	Haldorsen	54		136.5%	67.9%	0.0%	68.6%	0.0%	0.0%	0.0%	0:29:10		0:46:12			
33	Steve	Wisner	51	TTC	136.3%	67.4%	0.0%	0.0%	68.9%	0.0%	0.0%	0:28:40			0:35:29		
34	Lee	Greb	55	HS	121.4%	0.0%	60.4%	0.0%	0.0%	61.1%	0.0%		0:42:07			0:25:09	
35	Jim	Klodosky	57	HS	120.4%	59.3%	0.0%	0.0%	0.0%	61.1%	0.0%	0:34:16				0:25:34	
36	Alfonso	Torres	51	BARC	119.1%	63.7%	0.0%	55.5%	0.0%	0.0%	0.0%	0:30:21		0:55:48			
37	Christopher	Harris	50	BCRR	116.3%	0.0%	0.0%	0.0%	59.2%	57.1%	0.0%				0:40:55	0:25:49	
38	Tim	Coughlin	52		114.1%	0.0%	57.4%	56.7%	0.0%	0.0%	0.0%		0:43:10	0:55:04			
39	William	Hayes	57	BCRR	111.1%	0.0%	0.0%	55.9%	0.0%	55.2%	0.0%			0:58:09		0:28:19	
40	David	Adkins	56		96.5%	0.0%	46.6%	0.0%	0.0%	50.0%	0.0%		0:55:02			0:31:01	
41	Timm	Burgess	59		95.4%	0.0%	46.4%	49.0%	0.0%	0.0%	0.0%		0:56:41	1:07:30			
42	Craig	Myers	56	BARC	91.8%	0.0%	0.0%	43.4%	0.0%	0.0%	48.4%			1:14:20			5,188.3
43	Alan	Mut	51		84.3%	0.0%	0.0%	0.0%	0.0%	84.3%	0.0%					0:17:38	
44	Ramiro	Ramirez	56	TOR	83.9%	0.0%	83.9%	0.0%	0.0%	0.0%	0.0%		0:30:33				
45	Scott	Johnson	56	BCRR	82.8%	0.0%	0.0%	65.4%	0.0%	0.0%	17.4%			0:49:19			2,065.9
46	Keith	Willhelm	54		81.4%	81.4%	0.0%	0.0%	0.0%	0.0%	0.0%	0:24:19					
47	Philip	Trumbly	50	TOR	81.4%	0.0%	81.4%	0.0%	0.0%	0.0%	0.0%		0:29:58				
48	Ken	Yanowski	53	TTC	78.8%	78.8%	0.0%	0.0%	0.0%	0.0%	0.0%	0:24:55					
49	John	Lauten	54	ALRC	77.5%	77.5%	0.0%	0.0%	0.0%	0.0%	0.0%	0:25:33					
50	John	Shields	56	BCRR	76.8%	0.0%	0.0%	76.8%	0.0%	0.0%	0.0%			0:42:01			
51	Juan	Garcia	53	TOR	75.4%	0.0%	0.0%	75.4%	0.0%	0.0%	0.0%			0:41:43			
52	Jack	Browder	59		70.7%	0.0%	0.0%	0.0%	0.0%	70.7%	0.0%					0:22:29	
53	Kevin	Campbell	54	HS	70.5%	0.0%	0.0%	70.5%	0.0%	0.0%	0.0%			0:45:01			
54	Marshall	Penwright	52	HS	69.7%	0.0%	0.0%	69.7%	0.0%	0.0%	0.0%			0:44:46			
55	Gonzalo	Monola	55		68.0%	0.0%	0.0%	0.0%	68.0%	0.0%	0.0%				0:37:07		
56	Bert	Duplessis	56	HS	67.0%	0.0%	67.0%	0.0%	0.0%	0.0%	0.0%		0:38:14				
57	Cameron	Byers	50	HS	67.0%	67.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0:28:37					
58	Wilfredo	Martinez	51	TOR	66.9%	0.0%	0.0%	66.9%	0.0%	0.0%	0.0%			0:46:16			
59	Darrell	Pye	54	ALRC	66.0%	66.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0:29:59					
60	Steve	Shepard	54		64.9%	0.0%	64.9%	0.0%	0.0%	0.0%	0.0%		0:38:30				
61	Patrick	Flaherty	51	BCRR	64.3%	0.0%	0.0%	64.3%	0.0%	0.0%	0.0%			0:48:09			
62	Andy	Stewart	51	FLS	64.3%	0.0%	0.0%	0.0%	0.0%	64.3%	0.0%					0:23:08	
63	Craig	Fox	53		64.2%	0.0%	0.0%	64.2%	0.0%	0.0%	0.0%			0:48:57			
64	Santos	Hernandez	53	HS	62.9%	0.0%	0.0%	62.9%	0.0%	0.0%	0.0%			0:50:02			
65	Ronald	Morgan	59	BCRR	62.6%	62.6%	0.0%	0.0%	0.0%	0.0%	0.0%	0:32:59					
66	Joe	Carey	53	BARC	62.1%	0.0%	0.0%	0.0%	0.0%	0.0%	62.1%						6,731.7
67	Larry	Stryk	50		61.8%	0.0%	0.0%	0.0%	0.0%	61.8%	0.0%					0:23:52	
68	Al	Salinas	55	HMSA	61.7%	0.0%	0.0%	61.7%	0.0%	0.0%	0.0%			0:51:48			
69	Kenneth	Osborne	53		60.3%	0.0%	0.0%	60.3%	0.0%	0.0%	0.0%			0:52:07			
70	Terence	Fanning	57	BCRR	60.1%	0.0%	0.0%	0.0%	0.0%	60.1%	0.0%					0:26:00	
71	Robert	Tysdal	53	TOR	60.0%	0.0%	0.0%	60.0%	0.0%	0.0%	0.0%			0:52:25			
72	John	DiMarco	50	TOR	59.2%	0.0%	0.0%	0.0%	0.0%	0.0%	59.2%						6,584.8

73	Don	Heath	52	FLS	57.5%	0.0%	0.0%	0.0%	0.0%	0.0%	57.5%						6,255.8
74	Mike	Grimes	55	BCRR	56.9%	0.0%	56.9%	0.0%	0.0%	0.0%	0.0%		0:44:40				
75	Nicholas	Terry	54		55.9%	0.0%	0.0%	0.0%	55.9%	0.0%	0.0%				0:44:47		
76	Tom	McClurkin	59	HS	55.9%	0.0%	0.0%	0.0%	0.0%	55.9%	0.0%					0:28:28	
77	Daniel	Rider	53		55.0%	0.0%	0.0%	0.0%	0.0%	55.0%	0.0%					0:27:29	
78	Loren	Neufeld	59	HS	54.6%	0.0%	0.0%	0.0%	0.0%	54.6%	0.0%					0:29:08	
79	Stephen	Salanon	55	KW	54.2%	0.0%	54.2%	0.0%	0.0%	0.0%	0.0%		0:46:56				
80	Robert	Botto	59	TTC	52.5%	0.0%	0.0%	0.0%	52.5%	0.0%	0.0%				0:49:45		
81	Kenneth	Harris	58	BCRR	49.1%	0.0%	49.1%	0.0%	0.0%	0.0%	0.0%		0:53:05				
82	Tom	Doneker	55	HS	48.9%	0.0%	48.9%	0.0%	0.0%	0.0%	0.0%		0:52:00				
83	Evan	Groutage	59	HMSA	47.0%	0.0%	0.0%	0.0%	0.0%	0.0%	47.0%						4,932.0
84	Paul	Barron	54	BCRR	45.7%	0.0%	0.0%	45.7%	0.0%	0.0%	0.0%			1:09:25			
85	Andrew	Gossett	50		40.6%	0.0%	0.0%	40.6%	0.0%	0.0%	0.0%			1:15:40			
86	William	York	58		38.1%	0.0%	0.0%	38.1%	0.0%	0.0%	0.0%			1:26:05			



## Spring 2009 HARRA Runner of the Season Standings as of 5/1/2009

## Men 60+

Place	First Name	Last Name	cat age	club	Best 3 of 6	Percentage:						Time:					
						xc	5mi	10k	8k	5k	LP	xc	5mi	10k	8k	5k	LP
<b>Men 60+</b>																	
1	Ben	Harvie	62	TTC	251.5%	0.0%	83.3%	85.0%	83.1%	0.0%	82.7%		0:32:24	0:39:59	0:32:16		8,209.2
2	Kenneth	Ruane	67		248.3%	0.0%	0.0%	82.9%	0.0%	84.1%	81.2%			0:42:53		0:20:18	7,727.9
3	Rich	Siemens	69	ALRC	247.4%	0.0%	82.9%	82.9%	79.6%	81.6%	0.0%		0:34:45	0:43:45	0:35:58	0:21:22	
4	Roger	Boak	60	TTC	242.2%	81.8%	78.9%	0.0%	79.2%	81.3%	75.6%	0:25:29	0:33:36		0:33:16	0:19:44	7,666.3
5	ruben	coryat	70	HS	230.9%	74.9%	0.0%	76.2%	76.1%	78.6%	0.0%	0:30:14		0:47:35	0:38:04	0:22:26	
6	Don	Brenner	69	BCRR	229.4%	75.7%	74.5%	74.5%	76.7%	77.0%	0.0%	0:29:54	0:38:40	0:48:40	0:37:20	0:22:38	
7	Robert	Ellis	78	TTC	228.9%	0.0%	75.6%	76.8%	74.8%	76.6%	73.7%		0:43:56	0:54:26	0:44:08	0:26:14	6,040.5
8	orville	kremmer	76	ALRC	214.3%	0.0%	0.0%	71.7%	68.4%	74.2%	0.0%			0:55:59	0:46:22	0:25:59	
9	gary	wood	67		211.8%	74.6%	0.0%	0.0%	70.9%	0.0%	66.3%	0:29:45			0:39:37		6,372.2
10	Mick	Midkiff	63	BCRR	209.4%	71.0%	69.8%	67.8%	64.8%	68.6%	63.9%	0:30:08	0:39:01	0:50:34	0:41:47	0:24:00	6,372.8
11	Jim	Peiffer	66	HS	208.3%	69.2%	0.0%	69.5%	69.6%	0.0%	0.0%	0:31:31		0:50:41	0:39:58		
12	Fred	Steves	67	BCRR	206.7%	70.2%	0.0%	69.3%	0.0%	0.0%	67.2%	0:31:37		0:51:21			6,463.3
13	Jack	Lippincott	62	TTC	195.9%	66.8%	64.3%	63.5%	64.7%	0.0%	63.2%	0:31:44	0:41:58	0:53:29	0:41:28		6,303.3
14	Michael	Mangan	67	BCRR	191.6%	64.5%	0.0%	53.8%	58.0%	63.3%	63.9%	0:34:26		1:06:04	0:48:25	0:27:00	6,153.6
15	Ronald	Longtin	63	TWRC	170.2%	55.8%	55.2%	55.4%	54.9%	59.0%	53.2%	0:38:23	0:49:20	1:01:50	0:49:20	0:27:54	5,356.3
16	Lenord	Burns	62	BARRA	160.7%	0.0%	0.0%	79.8%	0.0%	80.9%	0.0%			0:42:37		0:20:10	
17	David	Chester	63	HH	149.7%	75.7%	0.0%	74.0%	0.0%	0.0%	0.0%	0:28:17		0:46:19			
18	Jeff	Gilbert	61	BARC	149.0%	78.5%	0.0%	0.0%	70.5%	0.0%	0.0%	0:26:47			0:37:44		
19	Barry	Chambers	64	HS	142.2%	0.0%	0.0%	0.0%	0.0%	72.3%	69.9%					0:22:59	6,876.9
20	Thomas	Woltz, Sr.	62	HS	135.6%	0.0%	0.0%	66.8%	0.0%	68.8%	0.0%			0:50:52		0:23:43	
21	Robert	Hoekman	67	TTC	131.0%	0.0%	0.0%	0.0%	64.9%	66.1%	0.0%				0:43:18	0:25:50	
22	Bill	Buffum	64	BARC	129.1%	0.0%	67.1%	62.0%	0.0%	0.0%	0.0%		0:40:58	0:55:48			
23	Lawrence	DeSpain	63	FLS	124.0%	0.0%	62.0%	0.0%	0.0%	62.0%	0.0%		0:43:56			0:26:34	
24	John	Norris	61		114.9%	0.0%	0.0%	58.3%	56.5%	0.0%	0.0%			0:57:46	0:47:02		
25	Alan	Anderson	63	HS	102.5%	0.0%	50.7%	0.0%	51.8%	0.0%	0.0%		0:53:44		0:52:12		
26	Larry	Cullen	65	BCRR	98.0%	0.0%	0.0%	0.0%	47.9%	50.0%	0.0%				0:57:30	0:33:31	
27	Ty	Schmalz	61	ALRC	78.3%	78.3%	0.0%	0.0%	0.0%	0.0%	0.0%	0:26:50					
28	chris	adams	62	HS	75.4%	0.0%	0.0%	75.4%	0.0%	0.0%	0.0%			0:45:03			
29	Daniel	Jason	62	BCRR	70.8%	0.0%	0.0%	70.8%	0.0%	0.0%	0.0%			0:48:00			
30	David	Hinkley	69	HS	64.5%	0.0%	0.0%	0.0%	0.0%	64.5%	0.0%					0:27:01	
31	Dave	Stadnick	61	HS	63.8%	0.0%	0.0%	63.8%	0.0%	0.0%	0.0%			0:52:50			
32	Douglas	Carlisle	67	BCRR	63.0%	0.0%	0.0%	0.0%	63.0%	0.0%	0.0%				0:44:33		
33	James	Taylor	65		61.7%	0.0%	61.7%	0.0%	0.0%	0.0%	0.0%		0:44:55				
34	Ron	Berglund	61	HS	55.6%	0.0%	0.0%	55.6%	0.0%	0.0%	0.0%			1:00:32			
35	Nathaniel	Collins	72		41.1%	0.0%	41.1%	0.0%	0.0%	0.0%	0.0%		1:12:44				