

HARRA Runner of the Season - Fall 2007 (3-28-2008)

Women under 40

Place						Best 3 of 5	Percentages:					Times:					Marathon Predictor from:				HARRA#
			sex	age	club		10mi	Half-M	25k	30k	Mar.	10mi	Half-M	25k	30k	Mar.	10mi	Half-M	25k	30k	
1	Lindsay	Harkema	F	22	TOR	232.5%	77.40%	78.22%	76.91%	0.00%	76.56%	1:04:12	1:24:09.7	1:42:07.0		2:56:52	2:54:58	2:53:07	2:56:05	10756	
2	Jennifer	Brown	F	31	TOR	220.0%	73.55%	74.92%	71.51%	0.00%	61.72%	1:07:33	1:27:52.3	1:49:49.5		3:39:24	3:04:08	3:00:45	3:09:22	9265	
3	Alexandra	Gajewski	F	33	TOR	213.5%	73.46%	0.00%	71.39%	68.64%	0.00%	1:07:38		1:50:00.8	2:18:18.0		3:04:20		3:09:42	3:17:17	6551
4	Anne	Esler	F	33	BCRR	206.7%	0.00%	70.43%	68.36%	0.00%	67.91%		1:33:28.5	1:54:52.9		3:19:25		3:12:16	3:18:06	9367	
5	Stacy	Holden	F	31	ALRC	201.3%	66.94%	70.16%	57.82%	64.23%	0.00%	1:14:13	1:33:49.7	2:15:48.8	2:27:48.7		3:22:18	3:13:00	3:54:11	3:30:51	10006
6	shannon	shoelen	F	33	HS	200.3%	0.00%	68.66%	67.51%	0.00%	64.18%		1:35:53.0	1:56:19.6		3:31:00		3:17:14	3:20:35	10604	
7	Sara	Collazos	F	18	HMSA	196.9%	65.14%	67.49%	62.20%	62.19%	64.27%	1:16:16	1:37:33.1	2:06:15.1	2:32:38.6	3:30:42	3:27:53	3:20:40	3:37:42	3:37:44	3746
8	Heather	Thompson	F	32	HS	193.6%	64.49%	65.14%	63.92%	63.79%	0.00%	1:17:02	1:41:03.9	2:02:51.5	2:28:49.9		3:29:59	3:27:53	3:31:51	3:32:18	9059
9	Cortney	Richa	F	33	HS	191.1%	0.00%	64.99%	62.94%	0.00%	63.16%		1:41:18.0	2:04:46.6		3:34:24		3:28:22	3:35:09	8307	
10	Priscilla	Schneider	F	33	BCRR	188.3%	0.00%	65.53%	59.22%	0.00%	63.60%		1:40:28.0	2:12:36.5		3:32:56		3:26:39	3:48:40	9412	
11	Kim	Chapman	F	37	USAF	188.0%	0.00%	63.75%	62.33%	0.00%	61.94%		1:43:15.8	2:05:59.8		3:38:38		3:32:25	3:37:16	4869	
12	Michelle	Meyer	F	33	BARC	181.4%	61.98%	63.12%	54.15%	56.26%	55.55%	1:20:10	1:44:18.3	2:25:02.2	2:48:43.9	4:03:46	3:38:29	3:34:33	4:10:05	4:00:41	7316
13	Veronica	Hoge	F	38	BARC	174.8%	56.20%	59.16%	58.14%	56.27%	57.53%	1:28:24	1:51:17.2	2:15:04.8	2:48:43.3	3:55:23	4:00:57	3:48:55	3:52:55	4:00:40	6619
14	Kelly	Allen	F	27	BCRR	173.4%	57.71%	58.84%	56.84%	0.00%	0.00%	1:26:06	1:51:53.4	2:18:10.5			3:54:39	3:50:09	3:58:15	8600	
15	Jessica	Alexander	F	27	HS	169.4%	54.83%	57.35%	56.18%	54.85%	55.90%	1:30:37	1:54:47.0	2:19:47.5	2:53:04.2	4:02:14	4:06:59	3:56:06	4:01:03	4:06:52	8882
16	Carrie	Arnett	F	30	BCRR	163.2%	0.00%	55.42%	53.52%	0.00%	54.29%		1:58:47.2	2:26:44.6		4:09:25		4:04:20	4:13:02	10639	
17	Peggy	Yetman	F	39	HS	157.8%	0.00%	0.00%	0.00%	79.17%	78.59%				1:59:54.4	2:52:18			2:51:02	10516	
18	Cathleen	Jones	F	24	USAF	152.8%	0.00%	58.03%	52.73%	0.00%	42.02%		1:53:26.4	2:28:56.6		5:22:18		3:53:21	4:16:50	10376	
19	Lara	Allen	F	39	BCRR	152.5%	50.03%	52.87%	47.19%	49.61%	47.32%	1:39:19	2:04:31.3	2:46:24.3	3:11:21.1	4:46:10	4:30:42	4:16:08	4:46:56	4:32:57	9608
20	Robyn	Holloway	F	39		149.1%	0.00%	53.79%	48.48%	0.00%	46.88%		2:02:23.4	2:41:59.1		4:48:53		4:11:45	4:39:19	3415	
21	Rashmi	Saikia	F	34		148.8%	50.24%	50.38%	48.13%	0.00%	45.89%	1:38:54	2:10:40.1	2:43:09.8		4:55:05	4:29:33	4:28:47	4:41:21	10083	
22	Michelle	Friedman	F	24	TOR	143.9%	71.06%	72.83%	0.00%	0.00%	0.00%	1:09:55	1:30:23.3				3:10:34	3:05:56		9950	
23	Sheila	Ramamurt	F	23	BCRR	141.6%	48.27%	45.12%	44.92%	42.86%	48.16%	1:42:55	2:25:54.2	2:54:49.0	3:41:29.8	4:41:10	4:40:32	5:00:07	5:01:26	5:15:57	10676
24	Laura	Hansen	F	37	TTC	134.2%	0.00%	47.32%	43.26%	41.91%	43.64%		2:19:06.7	3:01:31.8	3:46:30.9	5:10:17		4:46:09	5:13:01	5:23:07	8844
25	Christina	Dalton	F	27	ALRC	131.6%	0.00%	67.01%	0.00%	0.00%	64.55%		1:38:14.7			3:29:47		3:22:05		10681	
26	Allison	Nadolski	F	30	BCRR	131.2%	0.00%	66.26%	0.00%	0.00%	64.90%		1:39:21.0			3:28:39		3:24:22		8265	
27	Katie	Senesac	F	39	BCRR	131.0%	43.74%	45.14%	42.12%	0.00%	0.00%	1:53:36	2:25:51.5	3:06:26.4			5:09:37	5:00:02	5:21:29	8045	
28	Danielle	Ryan	F	31	ALRC	129.4%	0.00%	0.00%	65.01%	0.00%	64.39%			2:00:47.6		3:30:19			3:28:17	8624	
29	Dani	Carbone-	F	36	BCRR	127.6%	0.00%	44.24%	0.00%	42.86%	40.52%		2:28:47.9		3:41:30.5	5:34:11		5:06:04		5:15:58	9895
30	Michelle	Chang	F	26	HS	123.9%	0.00%	65.29%	0.00%	0.00%	58.60%		1:40:49.7			3:51:06		3:27:24		10731	
31	LaErica	Huff	F	26	TOR	117.3%	58.27%	59.05%	0.00%	0.00%	0.00%	1:25:16	1:51:29.6				3:52:24	3:49:20		8827	
32	Ana	Bestic	F	37		114.6%	58.44%	56.18%	0.00%	0.00%	0.00%	1:39:41	2:17:23.0				4:31:41	4:42:36		9514	
33	Lisa	Foronda	F	38	ALRC	113.2%	0.00%	0.00%	56.56%	0.00%	56.67%			2:18:50.6		3:58:57			3:59:25	6046	
34	Linda	Bailey	F	35	HS	112.8%	0.00%	59.59%	53.23%	0.00%	0.00%		1:50:28.9	2:27:32.5				3:47:15	4:14:25	10389	
35	semonia	cormier	F	33	BCRR	96.8%	0.00%	0.00%	0.00%	49.35%	47.41%				3:12:20.9	4:45:36			4:34:22	8554	
36	Margaret	Callie	F	29		93.1%	0.00%	0.00%	48.09%	0.00%	44.97%			2:43:18.2		5:01:06			4:41:35	10666	
37	Andrea	Slaydon	F	28		88.9%	0.00%	47.58%	0.00%	0.00%	41.28%		2:18:22.4			5:28:02		4:44:38		10786	
38	Lauren	Shelley	F	27	RH	88.0%	43.50%	44.50%	0.00%	0.00%	0.00%	1:54:13	2:27:56.3				5:11:18	5:04:18		10484	
39	Sarah	Graybeal	F	29	HS	85.7%	40.53%	45.21%	0.00%	0.00%	0.00%	2:02:34	2:25:37.6				5:34:05	4:59:33		8972	
40	Rachel	Sawyers	F	24		84.8%	0.00%	43.00%	0.00%	41.85%	0.00%		2:33:06.9		3:46:49.5			5:14:57		5:23:33	10399
41	Melissa	Hendersor	F	33	ALRC	73.2%	0.00%	0.00%	73.21%	0.00%	0.00%			1:47:16.2					3:04:58	7884	
42	Catherine	Kruppa	F	34		67.5%	67.53%	0.00%	0.00%	0.00%	0.00%	1:13:35					3:20:32			4584	
43	Stacey	Almond	F	38	TOR	65.7%	0.00%	0.00%	65.68%	0.00%	0.00%			1:59:34.7					3:26:11	9680	
44	Mary	Romanosk	F	22	TOR	64.6%	0.00%	0.00%	64.56%	0.00%	0.00%			2:01:38.2					3:29:44	10588	
45	Miranda	Jamieson	F	27	HS	64.0%	0.00%	0.00%	0.00%	0.00%	64.02%					3:31:32				90069	
46	Tina	Dalton	F	28	ALRC	63.5%	0.00%	0.00%	63.46%	0.00%	0.00%			2:03:45					3:33:23	90078	
47	Lou	Thrash	F	39	HS	61.4%	0.00%	61.41%	0.00%	0.00%	0.00%		1:47:11.8					3:40:30		10087	
48	Melissa	Murray	F	31		61.3%	61.27%	0.00%	0.00%	0.00%	0.00%	1:21:05					3:41:00			10293	
49	Cheryl	Hope	F	38		60.3%	0.00%	60.28%	0.00%	0.00%	0.00%		1:49:12.5					3:44:38		10280	
50	Laura	Lukin	F	29		58.4%	0.00%	0.00%	0.00%	0.00%	58.36%					3:52:03				90058	
51	Kelly	Humphries	F	29	MPRC	57.4%	0.00%	0.00%	0.00%	0.00%	57.41%					3:55:52				9864	
52	Anna	May	F	27	HS	56.8%	0.00%	0.00%	0.00%	0.00%	56.78%					3:58:29				90070	

53	Laura	Rachita	F	37	BARC	56.2%	0.00%	0.00%	0.00%	0.00%	56.17%							4:01:06				9754	
54	Ruthie	Deveau	F	36		55.9%	0.00%	0.00%	0.00%	0.00%	55.90%							4:02:14				90019	
55	Monica	Montoya-	F	37	BARC	55.1%	55.13%	0.00%	0.00%	0.00%	0.00%	1:30:07						4:05:38				10669	
56	Karen	Boman	F	34	TOR	53.9%	0.00%	53.88%	0.00%	0.00%	0.00%		2:02:10.9						4:11:19				10623
57	Alice	May-	F	30	BARC	53.3%	0.00%	0.00%	53.25%	0.00%	0.00%			2:27:28.8						4:14:18			10688
58	Michelle	Seeley	F	21	ALRC	52.6%	0.00%	0.00%	0.00%	0.00%	52.59%							4:17:31				4314	
59	Randi	Ashburn	F	25	HS	52.4%	0.00%	0.00%	0.00%	0.00%	52.39%							4:18:29				10110	
60	Kristin	Collins	F	36	TWRC	52.2%	0.00%	0.00%	0.00%	0.00%	52.16%							4:19:38				9617	
61	Brittany	Cole	F	22	RH	51.9%	0.00%	51.89%	0.00%	0.00%	0.00%		2:06:51.7						4:20:57				10424
62	Michelle	Williams	F	30		51.6%	0.00%	0.00%	51.64%	0.00%	0.00%			2:32:04.5						4:22:14			10395
63	Candice	Trimm	F	37	TOR	51.3%	0.00%	0.00%	0.00%	0.00%	51.31%							4:23:54				10426	
64	Rebecca	Watkins	F	31	BCRR	51.3%	0.00%	0.00%	51.27%	0.00%	0.00%				2:33:11.0					4:24:08			7330
65	Brooke	McKamy	F	37		50.9%	0.00%	50.89%	0.00%	0.00%	0.00%		2:09:22.2						4:26:07				10289
66	Rachel	Palmer	F	32		49.7%	49.67%	0.00%	0.00%	0.00%	0.00%	1:40:02						4:32:39				10057	
67	Christina	Mintner	F	35	USAF	49.1%	0.00%	49.05%	0.00%	0.00%	0.00%		2:14:13.0						4:36:05				1824
68	Cassie	Mondragon	F	28	HS	47.9%	0.00%	47.87%	0.00%	0.00%	0.00%		2:17:31.0						4:42:52				9217
69	CONNIE	DIERINGE	F	37	RH	47.7%	0.00%	0.00%	47.71%	0.00%	0.00%			2:44:37.1						4:43:51			9634
70	Lacy	Cavanaugh	F	28	RH	45.2%	0.00%	0.00%	0.00%	0.00%	45.20%							4:59:35				1658	
71	Megan	Clark-	F	32	HS	44.8%	0.00%	0.00%	0.00%	0.00%	44.80%							5:02:16				8374	
72	Jennifer	Slaughter	F	35		44.6%	0.00%	0.00%	0.00%	0.00%	44.60%							5:03:36				9594	
73	Amy	Jackson	F	31	KW	41.9%	0.00%	41.87%	0.00%	0.00%	0.00%		2:37:13.1						5:23:24				9388
74	Jen	Kim	F	34	HS	41.8%	0.00%	0.00%	0.00%	0.00%	41.81%							5:23:54				8749	
75	Cindy	Foong	F	33	KW	41.5%	0.00%	41.50%	0.00%	0.00%	0.00%		2:38:38.2						5:26:19				10335
76	Elizabeth	Raden	F	32	USAF	41.0%	0.00%	41.00%	0.00%	0.00%	0.00%		2:40:33.7						5:30:16				10644
77	Sarah	Bankson	F	31	KW	40.0%	0.00%	39.95%	0.00%	0.00%	0.00%		2:44:47.3						5:38:58				10204
78	Michelle	LeBlanc	F	32	TOR	39.8%	0.00%	0.00%	0.00%	0.00%	39.79%							5:40:22				10591	
79	Aimee	Fortier	F	33		39.6%	0.00%	0.00%	0.00%	0.00%	39.62%							5:41:47				10088	
80	carla	galey	F	37		39.5%	0.00%	0.00%	39.47%	0.00%	0.00%			3:18:56.8						5:43:03			8910

HARRA Runner of the Season - Fall 2007 (3-28-2008)

Women 40-49						Best	Percentages:					Times:					Marathon Predictor from:				HARRA#
Place			sex	age	club	3 of 5	10mi	Half-M	25k	30k	Mar.	10mi	Half-M	25k	30k	Mar.	10mi	Half-M	25k	30k	HARRA#
1	susan	walters	F	43	TOR	242.2%	81.34%	81.79%	79.05%	0.00%	75.50%	1:04:44	1:25:16.9	1:45:15.9		3:10:02	2:56:24	2:55:26	3:01:30		8931
2	rose	rhoton	F	44	ALRC	221.7%	74.23%	75.08%	0.00%	0.00%	72.36%	1:11:34	1:33:43.1			3:20:02	3:15:01	3:12:47			9470
3	Miriam	Terc	F	49	HS	213.0%	70.71%	72.77%	69.51%	68.55%	66.87%	1:19:20	1:42:08.8	2:07:35.3	2:36:22.3	3:48:41	3:36:16	3:30:08	3:40:00	3:43:03	8241
4	Anna	Helm	F	42	BCRR	212.8%	70.74%	71.44%	70.49%	68.02%	70.64%	1:13:15	1:36:07.2	1:56:12.8	2:25:33.7	3:21:28	3:19:40	3:17:43	3:20:23	3:27:39	1119
5	Kathy	Roldan	F	42		204.2%	0.00%	69.08%	67.01%	66.18%	68.12%		1:39:24.0	2:02:15.0	2:30:45.4	3:28:55		3:24:28	3:30:48	3:35:03	1146
6	Gigi	White	F	45		199.4%	66.71%	68.79%	63.93%	0.00%	63.39%	1:20:22	1:43:17.0	2:12:34.4		3:50:33	3:39:05	3:32:27	3:48:37		10016
7	Annie	Hadow	F	43	ALRC	194.9%	0.00%	67.54%	63.09%	0.00%	64.24%		1:43:16.2	2:11:53.6		3:43:21		3:32:26	3:47:25		747
8	Deb	Clifford	F	47	TTC	193.8%	64.98%	64.07%	63.85%	62.33%	64.74%	1:23:22	1:52:02.1	2:14:07.3	2:46:04.6	3:50:35	3:47:13	3:50:27	3:51:15	3:56:53	2299
9	Jungwon	Ko	F	42		192.5%	64.26%	65.75%	0.00%	0.00%	62.48%	1:21:15	1:45:12.9			3:47:47	3:41:28	3:36:26			10478
10	Lisa	Greene	F	42	TOR	191.6%	0.00%	66.01%	64.42%	0.00%	61.20%		1:44:48.2	2:08:06.7		3:52:32		3:35:35	3:40:55		10584
11	susan	hansen	F	43		189.5%	0.00%	65.27%	63.32%	0.00%	60.88%		1:46:51.8	2:11:25.3		3:55:40		3:39:50	3:46:36		10535
12	Tonya	Arnold	F	43	TTC	187.7%	63.13%	62.01%	0.00%	0.00%	62.58%	1:23:24	1:52:28.9			3:49:16	3:47:18	3:51:23			8152
13	Jennie	Moroney	F	41		186.2%	64.96%	0.00%	0.00%	59.26%	61.97%	1:19:46			2:47:04.7	3:47:55	3:37:27			3:58:21	1746
14	Janet	Raschke	F	48		178.7%	0.00%	63.31%	61.26%	0.00%	54.16%		1:54:38.9	2:21:20.1		4:38:55		3:55:48	4:03:41		8825
15	Catherine	Fulford	F	49	BARC	178.7%	63.22%	0.00%	58.20%	57.24%	56.09%	1:27:39		2:30:31.5	3:05:00.3	4:32:38	3:58:55		4:19:33	4:23:53	7799
16	Toni	Smith	F	48	TOR	177.6%	0.00%	62.02%	57.39%	0.00%	58.19%		1:58:24.3	2:32:38.3		4:19:34		4:03:33	4:23:12		10609
17	Kari	Henry	F	43	HS	172.8%	57.25%	58.96%	54.55%	53.92%	56.60%	1:31:58	1:58:17.9	2:32:32.5	3:06:32.1	4:13:30	4:10:39	4:03:21	4:23:01	4:26:06	9976
18	Pony	Peterson	F	41	HS	169.9%	57.87%	56.94%	55.06%	0.00%	40.92%	1:29:32	2:00:36.1	2:28:46.1		5:45:09	4:04:04	4:08:05	4:16:31		9520
19	LESLEY	DIXON	F	40	TOR	167.5%	0.00%	58.25%	54.59%	0.00%	54.65%		1:57:05.3	2:29:01.5		4:16:42		4:00:51	4:16:59		90021
20	Lana	Moody	F	42	BCRR	165.4%	55.96%	52.69%	56.72%	49.99%	47.91%	1:33:19	2:11:17.8	2:25:31.1	3:19:34.6	4:57:04	4:14:20	4:30:05	4:10:56	4:44:42	8763
21	Martha	Hilton	F	44	ALRC	161.0%	0.00%	56.90%	50.97%	0.00%	53.16%		2:03:40.5	2:44:42.6		4:32:18		4:14:25	4:44:00		846
22	Joan	O'Connor	F	48	HS	160.6%	0.00%	55.34%	52.32%	0.00%	52.92%		2:12:42.3	2:47:25.1		4:45:25		4:32:58	4:48:41		7911
23	Penny	Derkowski	F	47	PTI	160.4%	53.48%	55.41%	49.06%	0.00%	51.48%	1:42:25	2:10:59.8	2:56:29.9		4:49:58	4:39:10	4:29:25	5:04:19		8103
24	LISA	COLEY	F	45	RH	158.5%	0.00%	54.10%	54.01%	0.00%	50.44%		2:10:04.1	2:44:11.9		4:49:46		4:27:34	4:43:08		8992
25	Lisa	Icke	F	40	USAF	153.8%	0.00%	51.81%	0.00%	52.20%	49.78%		2:11:38.3		3:08:25.4	4:41:50		4:30:46		4:28:46	10758
26	Maria	Thompson	F	46	HS	153.4%	51.39%	51.99%	50.05%	0.00%	42.55%	1:45:24	2:18:03.6	2:51:05.9		5:47:02	4:47:19	4:43:58	4:55:01		2129
27	Suzy	Seeley	F	48	ALRC	149.7%	0.00%	0.00%	76.02%	0.00%	73.69%			1:55:14.1		3:24:59			3:18:42		4312
28	Melissa	Hurta	F	44	ALRC	147.8%	0.00%	74.79%	73.06%	0.00%	0.00%		1:34:05.5	1:54:54.8				3:13:33	3:18:08		2075
29	Tammy	Blackburn	F	46	BCRR	147.1%	0.00%	47.93%	49.81%	0.00%	49.36%		2:15:05.2	2:51:54.9		4:59:06		4:40:53	4:56:25		8730
30	Belinda	Eads	F	49	USAF	146.8%	0.00%	51.33%	43.97%	0.00%	51.46%		2:23:04.2	3:19:13.5		4:57:09		4:54:17	5:43:32		10417
31	Laurie	Aaron	F	45	TOR	145.5%	0.00%	72.79%	0.00%	0.00%	72.72%		1:37:36.7			3:23:02		3:20:47			10173
32	Jody	Berry	F	47	HS	145.3%	0.00%	74.10%	71.24%	0.00%	0.00%		1:37:57.4	2:01:32.7				3:21:28	3:29:34		9872
33	kathleen	hanson	F	47	KW	141.7%	0.00%	48.01%	47.28%	0.00%	46.43%		2:31:10.4	3:03:07.4		5:21:31		5:10:55	5:15:44		6669
34	Mary	Patterson	F	45		139.2%	37.86%	48.44%	43.07%	47.67%	41.97%	2:21:38	2:26:39.7	3:16:46.3	3:34:55.7	5:48:12	6:26:04	5:01:41	5:39:20	5:06:36	7698
35	Theresa	Bueno-	F	40	RH	139.1%	0.00%	48.01%	44.81%	0.00%	46.30%		2:22:03.3	3:01:32.5		5:02:58		4:52:12	5:13:03		8003
36	Helen	Delemos	F	40	ALRC	137.4%	68.05%	0.00%	0.00%	0.00%	69.36%	1:15:38				3:22:15	3:26:09				10186
37	Rosemarie	Schmandt	F	45	BCRR	137.4%	47.26%	43.40%	45.02%	0.00%	45.14%	1:53:28	2:27:57.0	3:08:16.2		5:23:48	5:09:17	5:07:32	5:24:40		7013
38	Pamela	Snapp	F	47	HS	137.1%	0.00%	70.39%	0.00%	0.00%	66.75%		1:43:06.7			3:43:39		3:32:04			9539
39	Patricia	Martinez	F	46	PTI	137.1%	0.00%	39.59%	41.47%	39.40%	56.03%		3:01:18.5	3:26:29.2	4:22:42.8	3:54:14		6:12:56	5:56:02	6:14:43	8531
40	Karen	Nelson	F	46	TOR	136.2%	68.57%	0.00%	0.00%	0.00%	67.64%	1:19:00				3:38:17	3:35:20				884
41	Paula	Guillory	F	42		130.0%	0.00%	0.00%	44.02%	43.77%	42.22%			3:07:28.5	3:47:55.9	5:37:04			5:23:16	5:25:09	10189
42	Sally	Simmers	F	40	HS	128.9%	0.00%	0.00%	0.00%	61.62%	67.33%				2:34:04.1	3:28:21				3:39:46	9746
43	Alison	Stewart	F	49	HS	128.7%	65.97%	0.00%	0.00%	62.76%	0.00%	1:25:02			2:50:48.3		3:51:48			4:03:39	9204
44	Janet	Beck	F	41	HS	126.6%	0.00%	66.90%	59.72%	0.00%	0.00%		1:42:38.2	2:17:09.7				3:31:08	3:56:31		9755
45	Claire	Greenberg	F	45	BCRR	124.1%	0.00%	0.00%	0.00%	62.09%	62.05%				2:45:00.8	3:55:32				3:55:24	7460
46	Deborah	Kingston	F	45	HS	122.5%	0.00%	61.69%	0.00%	60.76%	0.00%		1:55:09.8		2:48:36.7			3:56:53		4:00:32	10764
47	Alaina	Smith	F	43	BCRR	121.9%	0.00%	40.20%	36.25%	0.00%	45.41%		2:41:03.4	3:33:24.5		5:16:00		5:34:53	6:11:27		8785
48	Mary Beth	Miller	F	46	USAF	111.6%	0.00%	0.00%	57.49%	0.00%	54.09%			2:27:24.7		4:32:58			4:14:13		4580
49	Pamela	Paling	F	40	HS	111.2%	0.00%	0.00%	56.89%	0.00%	54.35%			2:22:59.7		4:18:06			4:06:35		7934
50	Carrie	Pedersen	F	40		108.1%	0.00%	0.00%	54.66%	0.00%	53.44%			2:28:50.0		4:22:29			4:16:39		7723
51	Hillary	Gerhart	F	46	HS	106.1%	0.00%	0.00%	0.00%	54.99%	51.13%				3:08:14.7	4:48:45				4:28:30	9863
52	Rosa	Alzate	F	41	HS	101.9%	0.00%	0.00%	0.00%	48.52%	53.33%				3:24:03.4	4:24:52				4:51:06	9015

53	connie	butcher	F	44	USAF	99.2%	0.00%	0.00%	0.00%	47.39%	51.81%			3:32:15.6	4:39:24			5:02:47	4592
54	Jennifer	Maietta	F	42	HS	96.7%	0.00%	48.94%	0.00%	0.00%	47.77%		2:21:22.6		4:57:56		4:50:50		9826
55	Becky	Spaulding	F	45	BCRR	95.4%	48.18%	0.00%	0.00%	0.00%	47.25%	1:50:15			5:09:17	5:00:27			9604
56	Andrea	Chan	F	42	HS	92.6%	0.00%	48.76%	43.84%	0.00%	0.00%		2:21:53.7	3:08:15.1			4:51:53	5:24:37	6807
57	Ruth	Abelt	F	41		88.7%	44.74%	43.94%	0.00%	0.00%	0.00%	1:56:43	2:36:17.2			5:18:06	5:21:29		10217
58	susan	cita	F	44	BCRR	84.1%	41.47%	42.60%	0.00%	0.00%	0.00%	2:08:05	2:45:10.9			5:49:02	5:39:48		90077
59	Tuan	Nguyen	F	45	HMSA	79.7%	0.00%	79.70%	0.00%	0.00%	0.00%		1:20:34.6				2:47:29		2594
60	Terrell	Smith	F	43		78.2%	0.00%	39.23%	38.97%	0.00%	0.00%		2:57:47.9	3:33:33.9			6:05:45	6:08:14	9132
61	Caroline	Chamness	F	42	HS	74.9%	0.00%	0.00%	0.00%	0.00%	74.90%				3:10:01				9372
62	lisa	tilton-	F	41		70.5%	0.00%	0.00%	70.50%	0.00%	0.00%			1:55:23.3				3:18:59	9439
63	dian	ginsberg	F	43	HS	69.3%	0.00%	0.00%	69.28%	0.00%	0.00%			2:00:07.1				3:27:07	90066
64	Marla	Burum	F	44	BCRR	68.7%	0.00%	0.00%	0.00%	0.00%	68.74%				3:30:34				7342
65	Vicki	Arnold	F	49		68.0%	0.00%	0.00%	0.00%	0.00%	68.04%				3:44:44				4001
66	Patti	Muck	F	49	FLS	66.6%	0.00%	0.00%	0.00%	0.00%	66.58%				3:49:40				9277
67	Cindy	Shirley	F	41	HS	66.1%	0.00%	0.00%	0.00%	0.00%	66.08%				3:33:46				10552
68	Jackie	Connelly	F	44	HS	66.0%	0.00%	0.00%	0.00%	0.00%	66.03%				3:39:14				8398
69	Rene'	Reynolds	F	40	TOR	65.7%	0.00%	65.69%	0.00%	0.00%	0.00%		1:43:49.5				3:33:34		10629
70	Carol	Schmidt	F	48	HS	65.3%	0.00%	0.00%	0.00%	0.00%	65.29%				3:51:22				1831
71	susan	elias	F	42	BCRR	63.6%	0.00%	0.00%	0.00%	0.00%	63.59%				3:43:48				10094
72	Caryn	Honig	F	42	BCRR	62.4%	0.00%	0.00%	0.00%	0.00%	62.35%				3:48:15				6148
73	Donna	Crocker	F	48	TOR	61.2%	0.00%	0.00%	61.16%	0.00%	0.00%			2:23:13.5				4:06:58	8636
74	Susan	Leone	F	49	BCRR	59.2%	59.21%	0.00%	0.00%	0.00%	0.00%	1:33:36				4:15:07			7079
75	Jennifer	Johnston	F	44		58.0%	0.00%	0.00%	0.00%	0.00%	58.02%				4:09:28				90031
76	Leona	Guy	F	44	BCRR	57.6%	0.00%	57.63%	0.00%	0.00%	0.00%		2:02:05.7				4:11:10		9727
77	Irma	Lopez-	F	41	BARC	52.7%	52.75%	0.00%	0.00%	0.00%	0.00%	1:38:14				4:27:47			9990
78	Colleen	Jones	F	46	USAF	52.2%	0.00%	52.18%	0.00%	0.00%	0.00%		2:17:34.8				4:42:59		9747
79	Rebecca	Vandebunt	F	46		51.7%	0.00%	0.00%	0.00%	0.00%	51.66%				4:45:50				4961
80	Marie	Ketaner	F	45	BCRR	50.5%	0.00%	50.49%	0.00%	0.00%	0.00%		2:19:22.7				4:46:43		9907
81	Melissa	Jacobs	F	44	KW	48.7%	0.00%	0.00%	48.74%	0.00%	0.00%			2:52:14.2				4:56:59	10149
82	June	Vidrine	F	42	HS	46.6%	46.63%	0.00%	0.00%	0.00%	0.00%	1:51:59				5:05:12			9719
83	Marilyn	Blythe	F	44	BCRR	44.7%	0.00%	0.00%	44.73%	0.00%	0.00%			3:07:41.6				5:23:38	9357
84	Anna	Rodriguez	F	48		43.2%	0.00%	0.00%	0.00%	0.00%	43.24%				5:49:20				4015
85	Blanca	Navarro	F	49		41.5%	0.00%	41.53%	0.00%	0.00%	0.00%		2:58:58.3				6:08:11		9428
86	paula	boone	F	41	BCRR	40.9%	0.00%	0.00%	0.00%	0.00%	40.93%				5:45:04				4076
87	Debbie	Rodriguez	F	45		40.6%	0.00%	40.63%	0.00%	0.00%	0.00%		2:54:53.5				5:59:45		8815
88	Pamela	Cinquema	F	44	FBF	39.5%	0.00%	39.47%	0.00%	0.00%	0.00%		2:58:16.8				6:06:44		8699

HARRA Runner of the Season - Fall 2007 (3-28-2008)

Women 50+

Place	Women 50+					Best 3 of 5	Percentages:					Times:					Marathon Predictor from:				HARRA#
	sex	age	club				10mi	Half-M	25k	30k	Mar.	10mi	Half-M	25k	30k	Mar.	10mi	Half-M	25k	30k	
1	Nancy	Prejean	F	62		263.5%	87.72%	89.93%	84.26%	0.00%	85.90%	1:16:08	1:38:24.5	2:05:17.6		3:31:55	3:27:31	3:22:25	3:36:03	2122	
2	Christie	Lammers	F	51	TTC	251.5%	82.56%	85.04%	83.94%	0.00%	0.00%	1:08:48	1:28:30.3	1:46:57.3			3:07:31	3:02:03	3:04:26	6271	
3	Carole	Uttecht	F	52	ALRC	229.7%	76.32%	0.00%	76.49%	0.00%	76.88%	1:15:22		2:00:23.3		3:26:30	3:25:25		3:27:34	10549	
4	Judy	Loy	F	69	HS	197.8%	0.00%	68.47%	65.71%	0.00%	63.61%		2:24:01.4	2:59:00.8		5:18:51		4:56:14	5:08:40	8821	
5	Julie	Ward	F	52		195.0%	66.67%	66.08%	62.28%	0.00%	57.65%	1:27:22	1:56:48.1	2:27:51.0		4:35:23	3:58:08	4:00:16	4:14:55	7852	
6	Lorna	Mangus	F	51	BCRR	193.5%	0.00%	68.41%	65.37%	0.00%	59.68%		1:51:24.8	2:19:05.1		4:22:42		3:49:10	3:59:49	9932	
7	Susan	Middleton	F	57	ALRC	189.0%	63.36%	65.11%	60.57%	58.73%	60.44%	1:38:13	2:06:37.7	2:42:24.4	3:22:27.0	4:40:38	4:27:42	4:20:30	4:40:03	4:48:48	2233
8	Beth	Connors	F	53	TOR	186.4%	0.00%	66.61%	57.83%	60.12%	59.71%		1:57:22.4	2:41:17.3	3:07:32.7	4:29:22		4:01:27	4:38:08	4:27:32	10418
9	Kathleen	Mahon	F	53	BCRR	182.6%	64.00%	0.00%	55.87%	58.51%	60.12%	1:31:01		2:46:56.7	3:12:43.1	4:27:32	4:08:05		4:47:53	4:34:54	7515
10	Karen	Lancer	F	56	BARC	181.9%	63.63%	62.51%	55.77%	0.00%	0.00%	1:36:28	2:10:08.5	2:53:59.1			4:22:59	4:27:42	5:00:02		2785
11	Maria	Camacho	F	52	TTC	180.7%	0.00%	62.28%	57.76%	60.08%	58.38%		2:03:56.2	2:39:26.1	3:05:15.2	4:31:57		4:14:56	4:34:54	4:24:16	596
12	Karen	Berglund	F	56	HS	177.4%	61.74%	62.78%	0.00%	0.00%	52.90%	1:39:25	2:09:34.7			5:16:19	4:31:01	4:26:32			8794
13	Babette	McQueen	F	52		176.9%	0.00%	62.06%	56.04%	55.58%	58.81%		2:04:21.7	2:44:19.5	3:20:16.1	4:29:59		4:15:49	4:43:19	4:45:41	8537
14	Lynda	Kelley	F	63	USAF	172.4%	0.00%	59.57%	56.20%	0.00%	56.59%		2:28:33.9	3:07:50.1		5:26:29		5:05:35	5:23:54		10493
15	Janet	Hudgens	F	51	USAF	171.6%	0.00%	56.50%	53.78%	0.00%	61.34%		2:14:54.0	2:49:02.3		4:15:34		4:37:28	4:51:28		9080
16	June	Harris	F	51	BCRR	170.3%	57.93%	0.00%	55.55%	0.00%	56.82%	1:39:18		2:43:39.4		4:35:54	4:30:38		4:42:11		4984
17	Margaret	Montgome	F	66	BARC	165.8%	55.75%	55.87%	54.17%	52.48%	53.51%	2:07:16	2:48:14.9	3:27:02.4	4:18:19.1	6:01:23	5:46:51	5:46:06	5:56:58	6:08:27	2119
18	Kathryn	Vidal	F	56	BCRR	162.0%	51.88%	56.32%	51.48%	0.00%	53.85%	1:58:19	2:24:25.9	3:08:28.2		5:10:46	5:22:33	4:57:05	5:25:01		2951
19	Alice	Keelin	F	58	TTC	156.1%	77.42%	78.64%	0.00%	0.00%	0.00%	1:21:29	1:46:18.6				3:42:06	3:38:40			2305
20	Billie-Kay	Melanson	F	54	HH	146.3%	72.48%	73.85%	0.00%	0.00%	0.00%	1:21:24	1:47:16.4				3:41:53	3:40:38			3202
21	Cindy	Sosa	F	53	HH	138.1%	68.51%	69.63%	0.00%	0.00%	0.00%	1:26:07	1:52:16.7				3:54:45	3:50:58			3817
22	Nancy	Brammer	F	54	TOR	137.9%	0.00%	71.20%	0.00%	0.00%	66.69%		1:49:48.6			4:04:19		3:45:54			8630
23	Sandy	Parker	F	56	HS	129.1%	0.00%	0.00%	0.00%	67.27%	61.87%				2:54:22.1	4:30:27				4:08:45	8421
24	Jenny	Demarest	F	50	TOR	128.8%	63.69%	0.00%	65.14%	0.00%	0.00%	1:29:11		2:17:49.3			4:03:04		3:57:39		90074
25	Cathy	Harris	F	58	TOR	128.1%	0.00%	67.02%	0.00%	0.00%	61.07%		2:04:43.8			4:41:35		4:16:33			9980
26	Carolyn	Kundiger	F	50		119.3%	0.00%	0.00%	59.64%	0.00%	59.70%			2:30:32.9		4:19:20			4:19:36		9786
27	Hope	Sellers	F	61	BCRR	119.3%	64.95%	54.31%	0.00%	0.00%	0.00%	1:41:20	2:40:34.6				4:36:14	5:30:18			7401
28	Gloria	Mahoney	F	57	BCRR	115.2%	0.00%	0.00%	58.79%	0.00%	56.39%			2:47:18.7		5:00:46			4:48:30		6040
29	Donna	Whitney	F	53	BCRR	114.6%	58.44%	56.18%	0.00%	0.00%	0.00%	1:39:41	2:17:23.0				4:31:41	4:42:36			9514
30	Gail	Stewart	F	50	BCRR	113.2%	58.57%	0.00%	54.68%	0.00%	0.00%	1:36:58		2:44:12.5			4:24:19		4:43:09		7466
31	Delores	Dunham	F	52	RH	109.9%	0.00%	0.00%	0.00%	53.93%	55.93%				3:26:22.8	4:43:51				4:54:24	90023
32	Lynn	Palmer	F	53	CLFC	107.7%	58.72%	0.00%	0.00%	0.00%	48.96%	1:40:29				5:28:31	4:33:55				7711
33	Melanie	Abedelfata	F	52	HS	97.6%	0.00%	51.86%	0.00%	0.00%	45.76%		2:28:49.5			5:46:59		5:06:08			8893
34	Penny	Pfeffer	F	59	HS	95.3%	0.00%	49.16%	0.00%	46.16%	0.00%		2:52:25.5		4:24:51.2			5:54:41		6:17:46	10031
35	Glenda	Arredondo	F	50	USAF	94.5%	0.00%	49.53%	44.97%	0.00%	0.00%		2:31:57.8	3:19:38.2				5:12:34	5:44:14		10316
36	Donna	Sterns	F	54		80.8%	80.77%	0.00%	0.00%	0.00%	0.00%	1:14:01					3:21:44				711
37	Nancy	Crane	F	65	HMSA	77.9%	77.89%	0.00%	0.00%	0.00%	0.00%	1:28:20					4:00:47				1497
38	Julie	Rutledge	F	53	HS	76.5%	0.00%	76.51%	0.00%	0.00%	0.00%		1:42:11.1					3:30:12			8392
39	Bette	Lehmborg	F	54	USAF	70.7%	0.00%	0.00%	0.00%	0.00%	70.67%					3:50:33					4692
40	Yong	Collins	F	53	HS	69.0%	0.00%	0.00%	0.00%	0.00%	69.03%					3:52:59					4376
41	Sally	Sims	F	64		65.6%	0.00%	0.00%	0.00%	0.00%	65.55%					4:46:05					3946
42	Rhonda	Emerson	F	50	BCRR	65.4%	0.00%	0.00%	0.00%	0.00%	65.44%					3:56:34					1470
43	Irma	Conran	F	55	BCRR	65.0%	0.00%	0.00%	0.00%	0.00%	64.99%					4:14:03					9903
44	Jitka	Newald	F	50	BARC	63.0%	0.00%	0.00%	0.00%	0.00%	63.01%					4:05:42					8945
45	NINA	JANNETTI	F	51	FLS	62.2%	0.00%	0.00%	0.00%	0.00%	62.22%					4:11:57					4454
46	Carole	Flad	F	52	HS	62.2%	0.00%	0.00%	62.18%	0.00%	0.00%			2:28:05.3				4:15:20			10119
47	Elizabeth	Ahrens	F	61	HS	61.8%	0.00%	0.00%	0.00%	0.00%	61.84%					4:50:06					10445
48	Maureen	Mayes	F	62	HS	61.8%	61.77%	0.00%	0.00%	0.00%	0.00%	1:46:33					4:50:27				10499
49	Irene	Binash	F	50	HS	61.3%	0.00%	0.00%	0.00%	0.00%	61.31%					4:12:30					2619
50	June	Benestante	F	53		60.9%	0.00%	60.94%	0.00%	0.00%	0.00%		2:08:17.7				4:23:55				1660
51	Mary	Sandoval	F	55	TOR	60.5%	0.00%	0.00%	0.00%	0.00%	60.54%					3:31:26					7313
52	Susan	Lorms	F	60	ALRC	59.7%	0.00%	0.00%	0.00%	0.00%	59.74%					4:56:01					90054
53	Barbara	Rowe	F	53		59.5%	0.00%	0.00%	0.00%	0.00%	59.47%					4:30:28					4403

54	Carmen	Gracia	F	57		57.2%	0.00%	0.00%	0.00%	0.00%	57.20%					3:47:30			10427
55	Roslyn	Harrell	F	53	USAF	56.9%	0.00%	0.00%	0.00%	0.00%	56.94%					4:42:27			8125
56	Sue Dean	Smith	F	54	TOR	56.8%	0.00%	56.83%	0.00%	0.00%	0.00%		2:17:34.9				4:43:01		9155
57	linnie	reichle	F	52	BCRR	56.4%	56.38%	0.00%	0.00%	0.00%	0.00%	1:42:01				4:38:04			7244
58	Betsy	Anderson	F	59	HS	56.1%	0.00%	0.00%	56.09%	0.00%	0.00%			3:00:16.3				5:10:52	8077
59	Anna	Thomsen	F	52		55.9%	0.00%	0.00%	0.00%	0.00%	55.91%					4:43:58			713
60	Nancy	Daniels	F	51	HS	55.0%	0.00%	0.00%	0.00%	0.00%	54.97%					4:45:11			8865
61	Monica	Tucker	F	50		54.1%	0.00%	54.08%	0.00%	0.00%	0.00%		2:19:09.9				4:46:15		4908
62	Bonnie	Egbert	F	55	RH	53.6%	0.00%	0.00%	0.00%	0.00%	53.58%					5:08:09			1656
63	Ruth	Ruffino	F	56		53.4%	0.00%	0.00%	0.00%	0.00%	53.40%					5:13:20			1881
64	Sandy	Junn	F	57	BARC	53.2%	53.20%	0.00%	0.00%	0.00%	0.00%	1:55:23					5:14:33		8944
65	Chris	Webb	F	55		52.7%	0.00%	0.00%	0.00%	0.00%	52.72%					5:13:10			10154
66	Janet	Sutton	F	52	BCRR	52.3%	52.30%	0.00%	0.00%	0.00%	0.00%	1:51:22					5:03:34		623
67	Kim	Kimmey	F	51	BCRR	52.1%	52.06%	0.00%	0.00%	0.00%	0.00%	1:49:07					4:57:24		7331
68	Lori	Batchelder	F	51	USAF	50.6%	0.00%	50.58%	0.00%	0.00%	0.00%		2:28:48.3					5:06:05	7312
69	Nancy	Reuter	F	55	BCRR	50.5%	50.53%	0.00%	0.00%	0.00%	0.00%	1:58:19					5:22:28		2016
70	Dena	Sokolow	F	51		48.3%	0.00%	0.00%	0.00%	0.00%	48.26%					5:24:50			1013
71	Carol	Madrid	F	50	USAF	45.0%	0.00%	44.98%	0.00%	0.00%	0.00%		2:47:19.2					5:44:10	7439
72	Jan	Poscovsky	F	54		38.9%	0.00%	38.90%	0.00%	0.00%	0.00%		3:23:38.8					6:58:52	9227

HARRA Runner of the Season - Fall 2007 (3-28-2008)

Men under 40						Best 3 of 5	Percentages:					Times:					Marathon Predictor from:				HARRA#
Place			sex	age	club		10mi	Half-M	25k	30k	Mar.	10mi	Half-M	25k	30k	Mar.	10mi	Half-M	25k	30k	
1	<b>luis</b>	<b>armenterc</b>	M	35	HH	250.7%	83.62%	83.74%	83.31%	0.00%	0.00%	0:53:05	1:10:42.8	1:25:12.1			2:29:23	2:29:10	2:29:56	6552	
2	<b>Alex</b>	<b>Moore</b>	M	24		246.4%	81.66%	85.37%	79.41%	0.00%	0.00%	0:54:21	1:09:21.8	1:29:23.6			2:32:58	2:26:19	2:37:19	10687	
3	<b>Rudy</b>	<b>Rocha</b>	M	38		244.1%	81.21%	81.61%	81.31%	0.00%	0.00%	0:54:39	1:12:33.6	1:27:18.1			2:33:49	2:33:04	2:33:38	6145	
4	<b>John</b>	<b>Yoder</b>	M	36	HS	228.7%	78.96%	0.00%	76.79%	0.00%	72.89%	0:56:12		1:32:26.1	2:51:22	2:38:12			2:42:40	7789	
5	<b>JOE</b>	<b>OVIEDO</b>	M	31	TOR	228.0%	75.50%	77.19%	74.83%	0.00%	75.36%	0:58:47	1:16:43.1	1:34:51.3	2:45:46	2:45:27	2:41:50	2:46:56		8367	
6	<b>Joseph</b>	<b>Routt</b>	M	28	TOR	228.0%	76.39%	76.95%	71.91%	74.69%	0.00%	0:58:06	1:16:57.0	1:38:43.0	1:55:33.7		2:43:32	2:42:19	2:53:43	2:47:14	9292
7	<b>Ray</b>	<b>Martinez</b>	M	34	TOR	225.2%	0.00%	81.92%	70.65%	72.67%	68.98%		1:12:17.3	1:40:28.5	1:58:46.4	3:01:05		2:32:29	2:56:49	2:51:53	10671
8	Cornelio	Garibay	M	39	ALRC	223.2%	75.00%	78.59%	69.59%	0.00%	0.00%	0:59:11	1:15:20.7	1:42:00.5			2:46:33	2:38:56	2:59:31	9460	
9	Thomas	King Jr	M	39	HS	222.5%	73.11%	75.67%	73.74%	0.00%	0.00%	1:00:43	1:18:15.4	1:36:16.0			2:50:52	2:45:05	2:49:25	7040	
10	SCOTT	GRISCHO	M	32	HS	220.4%	0.00%	74.72%	73.09%	0.00%	72.60%		1:19:14.9	1:37:06.7	2:52:04		2:47:10	2:50:54		9545	
11	Andrew	Keller	M	32	HS	218.5%	72.38%	74.75%	71.41%	0.00%	0.00%	1:01:19	1:19:13.2	1:39:24.3			2:52:35	2:47:07	2:54:56	4447	
12	Chris	Robbins	M	33	BARC	214.7%	70.23%	72.24%	69.81%	0.00%	72.22%	1:03:12	1:21:58.6	1:41:40.5	2:52:58	2:57:52	2:52:56	2:58:56		10360	
13	David	Minken	M	29	HS	209.1%	0.00%	74.64%	71.53%	62.94%	0.00%		1:19:20.2	1:39:14.4	2:17:08.8			2:47:22	2:54:39	3:18:29	9026
14	Leno	Rios	M	37	TOR	206.8%	68.63%	70.93%	0.00%	0.00%	67.27%	1:04:40	1:23:29.2			3:05:42	3:02:01	2:56:07		9744	
15	Simon	Brabo	M	32	BCRR	206.6%	68.83%	70.44%	0.00%	0.00%	67.29%	1:04:29	1:24:03.8			3:05:38	3:01:29	2:57:20		8483	
16	Jeff	Eisele	M	37	TOR	203.3%	67.82%	68.35%	65.94%	0.00%	67.15%	1:05:27	1:26:37.9	1:47:39.3	3:06:02	3:04:11	3:02:45	3:09:27		4284	
17	Chip	Maxa	M	27	HS	199.5%	0.00%	71.45%	63.70%	0.00%	64.32%		1:22:52.9	1:51:26.0	3:14:13		2:54:50	3:16:06		8918	
18	Raul	Quiros	M	31		196.0%	64.76%	65.64%	64.19%	0.00%	65.60%	1:08:32	1:30:12.7	1:50:35.3	3:10:26	3:12:53	3:10:18	3:14:37		7942	
19	Brian	King	M	28	HS	189.6%	0.00%	0.00%	64.61%	65.75%	59.22%			1:49:52.3	2:11:17.3	3:30:57		3:13:21	3:10:00	10763	
20	Adam	Mooney	M	36	HS	178.2%	0.00%	62.22%	59.79%	56.14%	0.00%		1:35:10.3	1:58:43.0	2:33:44.7		3:20:46	3:28:55	3:42:30	10545	
21	Joe	Alvarez	M	33	HS	173.3%	0.00%	0.00%	55.78%	58.29%	59.23%			2:07:15.5	2:28:05.2	3:30:54		3:43:57	3:34:19	10572	
22	JOSE	MEDINA	M	36	KW	163.1%	51.77%	57.32%	50.86%	0.00%	54.00%	1:25:44	1:43:18.0	2:19:33.5	3:51:19	4:01:18	3:37:55	4:05:36		10371	
23	David	Sutherlanc	M	32		162.4%	0.00%	56.63%	51.67%	0.00%	54.08%		1:44:34.4	2:17:22.3	3:51:00		3:40:36	4:01:45		10196	
24	Mario	Menendez	M	32		161.9%	0.00%	52.03%	52.33%	55.96%	53.63%		1:53:48.5	2:15:39.4	2:34:15.0	3:52:56	4:00:05	3:58:44	3:43:14	8906	
25	Brett	Riley	M	36	HS	161.8%	80.08%	0.00%	0.00%	0.00%	81.69%	0:55:25			2:32:55	2:35:59				7882	
26	Omar	Sesay	M	34	HS	158.8%	0.00%	53.22%	50.83%	48.78%	54.76%		1:51:15.6	2:19:38.6	2:56:58.1	3:48:07		3:54:42	4:05:45	4:16:06	10733
27	Keith	Beeman	M	32	BCRR	157.3%	55.17%	48.44%	46.21%	0.00%	53.71%	1:20:27	2:02:15.4	2:33:36.1	3:52:35	3:46:26	4:17:54	4:30:19		9729	
28	Abel	Zavala	M	29	TOR	153.6%	77.46%	0.00%	76.12%	0.00%	0.00%	0:57:18		1:33:14.8			2:41:17		2:44:06	90076	
29	Daniel	Dick	M	29	TTC	150.4%	47.62%	44.32%	50.58%	50.31%	49.55%	1:33:12	2:13:36.0	2:20:20.0	2:51:34.1	4:12:06	4:22:19	4:41:50	4:06:58	4:08:18	8726
30	shannon	ferguson	M	35	HMSA	146.2%	54.17%	0.00%	46.52%	0.00%	45.50%	1:31:43		2:32:34.7	4:34:31	4:09:59		4:28:30		10404	
31	Michael	Tognarelli	M	35	HS	145.8%	0.00%	0.00%	71.96%	0.00%	73.87%			1:38:38.2	2:49:06			2:53:35		7746	
32	John	Galey	M	38	USAF	143.3%	49.33%	0.00%	45.40%	0.00%	48.61%	1:29:58		2:36:20.7	4:17:00	4:13:13		4:35:08		8909	
33	jose	lara	M	31	TOR	142.9%	74.17%	0.00%	68.73%	0.00%	0.00%	0:59:50		1:43:16.9			2:48:25		3:01:45	8709	
34	Sean	Dunbar	M	37	TOR	138.8%	68.25%	70.55%	0.00%	0.00%	0.00%	1:05:02	1:23:55.8				3:03:02	2:57:03		10532	
35	Russell	Meyer	M	39	HH	136.9%	0.00%	69.27%	0.00%	0.00%	67.58%		1:25:29.2			3:04:50		3:00:20		7829	
36	Andrew	Sharensor	M	37		136.6%	0.00%	0.00%	0.00%	66.89%	69.73%				2:09:03.1	2:59:08				3:06:46	9008
37	Peter	Prescott	M	36	HS	133.0%	0.00%	0.00%	67.02%	0.00%	66.00%			1:45:55.0	3:09:16			3:06:24		8922	
38	Steve	Tse	M	35	HS	132.4%	48.05%	0.00%	36.51%	0.00%	47.81%	1:32:22		3:14:24.7	4:21:15	4:19:57		5:42:08		10605	
39	Neil	Morrissette	M	35	IFR	126.1%	64.00%	62.06%	0.00%	0.00%	0.00%	1:09:21	1:35:25.1				3:15:11	3:21:17		9407	
40	Lent	Rhodes	M	39		125.0%	60.80%	64.23%	0.00%	0.00%	0.00%	1:13:00	1:32:12.1				3:25:28	3:14:30		9717	
41	Jonathan	Hook	M	37	USAF	120.1%	0.00%	62.51%	0.00%	0.00%	57.56%		1:34:43.9		3:37:02		3:19:50			9860	
42	Nick	Waak	M	29	TOR	118.6%	0.00%	64.13%	0.00%	0.00%	54.51%		1:32:20.2			3:49:11		3:14:47		10514	
43	wonedwos	Goshu	M	35	HS	117.7%	0.00%	0.00%	63.92%	0.00%	53.82%			1:51:03.0	3:52:05			3:15:26		8868	
44	Steve	Bezner	M	36	HS	116.9%	0.00%	0.00%	0.00%	58.76%	58.13%				2:26:53.8	3:34:54				3:32:35	9414
45	Albert	Riedl	M	23	HS	116.3%	59.21%	0.00%	0.00%	0.00%	57.12%	1:14:58			3:38:41	3:30:58				90065	
46	Will	Ghomi	M	32	USAF	116.2%	0.00%	40.06%	40.71%	0.00%	35.41%		2:27:48.5	2:54:21.5	5:52:45		5:11:48	5:06:50		10684	
47	Todd	abbott	M	31	BCRR	114.2%	0.00%	59.27%	0.00%	0.00%	54.98%		1:39:54.8		3:47:12		3:30:46			9734	
48	HoJin	Lim	M	37	HS	111.6%	0.00%	59.75%	51.85%	0.00%	0.00%		1:39:06.5	2:16:53.8			3:29:04	4:00:55		4640	
49	Michael	Lacy	M	37	BARC	111.5%	36.83%	39.04%	35.59%	34.85%	34.96%	2:00:30	2:31:41.1	3:19:26.4	4:07:42.3	5:57:17	5:39:09	5:19:59	5:50:59	5:58:29	10224
50	Christophe	Evans	M	33		109.0%	0.00%	54.05%	0.00%	0.00%	54.93%		1:49:34.0		3:47:25		3:51:08			10640	
51	jeremiah	anderson	M	30		102.9%	0.00%	49.99%	0.00%	0.00%	52.91%		1:58:27.2		3:56:05		4:09:53			10467	
52	Hugh	Ray	M	37		90.9%	0.00%	0.00%	48.44%	0.00%	42.45%			2:26:31.5	4:54:17			4:17:51		10298	

53	Richard	Burke	M	35		78.0%	0.00%	42.80%	0.00%	0.00%	35.19%	2:18:20.5		5:54:58	4:51:50	10522
54	Joshua	May	M	28	HS	65.9%	0.00%	0.00%	0.00%	0.00%	65.90%			3:09:34		90071
55	tommy	browder	M	18		60.9%	0.00%	0.00%	0.00%	0.00%	60.93%			3:25:02		6773
56	Frank	Binetti	M	35	USAF	59.4%	0.00%	59.38%	0.00%	0.00%	0.00%	1:39:43.0			3:30:21	10454
57	richard	Koo	M	37	HS	56.8%	0.00%	0.00%	0.00%	0.00%	56.78%			3:40:01		90056
58	Frank	Bilotti	M	39	HS	54.6%	0.00%	0.00%	0.00%	0.00%	54.63%			3:48:40		9756
59	Mark	Schuck	M	30		53.6%	0.00%	0.00%	0.00%	0.00%	53.64%			3:52:52		10727
60	jesus	vallejo	M	37	HS	50.5%	0.00%	0.00%	0.00%	0.00%	50.47%			4:07:30		9324
61	Henry	Cabrera	M	32		48.8%	0.00%	48.79%	0.00%	0.00%	0.00%	2:01:21.9			4:16:01	10185
62	Randy	Maresh	M	38	KW	48.1%	0.00%	48.11%	0.00%	0.00%	0.00%	2:03:05.1			4:19:39	9472
63	Richard	Romero	M	36		47.1%	0.00%	0.00%	0.00%	0.00%	47.10%			4:25:13		10520
64	Chauncey	Williams	M	26	BARC	44.8%	0.00%	44.85%	0.00%	0.00%	0.00%	2:26:47.4			5:01:56	10041
65	Brad	Ryan	M	31		44.7%	0.00%	0.00%	44.75%	0.00%	0.00%		2:38:38.3		4:39:10	8625
66	Anthony	Hernandez	M	24		44.0%	0.00%	0.00%	0.00%	0.00%	44.02%			4:43:46		10413
67	Mike	Montgome	M	27		44.0%	43.95%	0.00%	0.00%	0.00%	0.00%	1:40:59		4:44:12		10508
68	James	Rutledge	M	35		42.8%	0.00%	0.00%	0.00%	0.00%	42.75%			4:52:12		10460
69	Chad	Stevens	M	27		38.5%	0.00%	0.00%	0.00%	0.00%	38.46%			5:24:49		10102
70	Anthony	Toh	M	39		37.9%	0.00%	0.00%	0.00%	0.00%	37.92%			5:29:23		8136



HARRA Runner of the Season - Fall 2007 (3-28-2008)

Men 40-49

Place						Best 3 of 5	Percentages:					Times:					Marathon Predictor from:				HARRA#
	name	name	sex	age	club		10mi	Half-M	25k	30k	Mar.	10mi	Half-M	25k	30k	Mar.	10mi	Half-M	25k	30k	
1	joe	flores	M	48	HH	261.6%	0.00%	88.46%	87.41%	85.71%	0.00%		1:14:25.1	1:29:59.9	1:51:12.2			2:34:52	2:36:44	2:39:50	2331
2	Francisco	Perez	M	42	TOR	243.3%	83.40%	83.14%	76.34%	76.72%	0.00%	0:56:38	1:15:23.7	1:38:02.9	1:58:09.8		2:36:02	2:36:31	2:50:28	2:49:38	1052
3	Richard	Peoples	M	48	ALRC	240.9%	81.09%	0.00%	80.21%	79.31%	79.61%	1:01:08		1:38:04.2	2:00:11.1	2:52:05	2:48:57		2:50:47	2:52:45	3883
4	Gerardo	Mora	M	41	HMSA	238.9%	79.25%	81.13%	76.94%	76.56%	78.48%	0:59:08	1:16:39.0	1:36:30.5	1:57:26.9	2:44:27	2:42:52	2:39:06	2:47:45	2:48:35	3854
5	Adam	Jackson	M	44	TOR	234.1%	79.66%	0.00%	77.90%	0.00%	76.53%	0:59:47		1:36:52.4		2:52:55	2:44:45		2:48:28		9650
6	Kevin	Regis	M	48	TOR	233.4%	77.29%	64.96%	76.13%	76.33%	79.79%	1:04:08	1:41:20.7	1:43:20.0	2:04:52.6	2:51:42	2:57:15	3:30:54	2:59:57	2:59:29	1512
7	Sim	Cuevas	M	47	TOR	232.4%	77.55%	78.42%	75.59%	0.00%	76.42%	1:03:24	1:23:15.2	1:43:11.2		2:57:43	2:55:09	2:53:12	2:59:40		9956
8	Christoph	Bittinger	M	40	BARC	231.1%	78.08%	78.65%	74.35%	0.00%	0.00%	0:59:35	1:18:25.7	1:39:05.1			2:43:56	2:42:45	2:52:10		8641
9	Lance	Collins	M	44	HS	226.4%	75.26%	76.30%	74.82%	0.00%	73.70%	1:03:47	1:23:29.4	1:41:41.3		2:59:33	2:55:50	2:53:27	2:56:52		9383
10	Robert	Walters	M	47	BCRR	222.8%	72.62%	0.00%	74.46%	0.00%	75.73%	1:07:42		1:44:44.9		2:59:21	3:07:01		3:02:24		6138
11	Francisco	Garza	M	42	TOR	222.2%	0.00%	76.07%	73.55%	64.49%	72.61%		1:22:24.0	1:41:46.4	2:20:33.3	2:59:13		2:51:04	2:56:57	3:21:46	8486
12	Christos	Nikolakis	M	48	TOR	219.1%	73.14%	74.72%	0.00%	71.20%	67.29%	1:07:13	1:27:22.0		2:13:52.4	3:23:36	3:05:41	3:01:46		3:12:25	10429
13	Jacob	Tonge	M	45	BCRR	218.3%	0.00%	72.67%	71.13%	0.00%	74.50%		1:28:22.1	1:47:51.4		2:59:11		3:03:41	3:07:40		8043
14	Brett	Hervat	M	41	ALRC	217.7%	71.88%	73.95%	0.00%	0.00%	71.83%	1:05:12	1:24:05.0			2:59:41	2:59:33	2:54:31			2519
15	Abelino	Jeronimo	M	47	TOR	215.5%	0.00%	73.54%	71.71%	70.29%	67.29%		1:28:46.0	1:49:41.8	2:15:36.2	3:23:35		3:04:40	3:11:02	3:14:54	10544
16	Douglas	Goff	M	49		215.5%	0.00%	73.54%	71.71%	70.29%	67.29%		1:28:46.0	1:49:41.8	2:15:36.2	3:23:35		3:04:40	3:11:02	3:14:54	10544
17	Jose	Reyes	M	41	TOR	213.7%	70.47%	71.58%	69.70%	70.49%	71.66%	1:06:30	1:26:52.2	1:46:31.4	2:07:33.6	3:00:07	3:03:09	3:00:18	3:05:10	3:03:06	10146
18	Steve	Schroeder	M	42	HS	211.2%	72.50%	70.83%	67.86%	0.00%	0.00%	1:04:38	1:27:47.6	1:49:24.7			2:58:01	3:02:13	3:10:11		9418
19	Scott	Wonderly	M	41	BCRR	209.4%	69.23%	70.78%	69.17%	66.23%	69.45%	1:07:42	1:27:51.5	1:47:20.8	2:15:46.2	3:05:51	3:06:27	3:02:21	3:06:36	3:14:53	8037
20	John	Wiehe	M	44		207.1%	70.86%	70.30%	64.19%	62.19%	65.95%	1:07:44	1:30:37.0	1:58:31.7	2:28:12.3	3:20:39	3:06:45	3:08:15	3:26:10	3:32:48	9978
21	Robert	Brown	M	49	BCRR	206.2%	71.51%	0.00%	68.26%	0.00%	66.42%	1:09:54		1:56:13.2		3:28:06	3:13:17		3:22:29		4937
22	Antonio	Zamudio	M	47	TOR	205.8%	68.16%	70.38%	67.24%	67.21%	62.79%	1:11:33	1:31:59.8	1:55:02.1	2:20:37.5	3:36:19	3:17:31	3:11:17	3:20:14	3:22:04	9057
23	David	Nemoto	M	44	BCRR	204.0%	0.00%	69.95%	66.89%	0.00%	67.12%		1:31:04.2	1:53:44.2		3:17:10		3:09:12	3:17:49		10436
24	Eric	Stotzer	M	40	BCRR	203.5%	0.00%	70.17%	64.82%	63.10%	68.49%		1:27:54.0	1:53:38.8	2:21:19.7	3:06:53		3:02:24	3:17:28	3:22:50	3484
25	Paul	Danilewicz	M	44	BCRR	201.4%	67.82%	67.33%	65.78%	0.00%	66.26%	1:10:46	1:34:36.9	1:55:39.8		3:19:44	3:15:07	3:16:33	3:21:11		8091
26	JOEL	CHAPA	M	46		194.6%	65.34%	64.30%	62.61%	0.00%	65.00%	1:14:03	1:39:52.4	2:02:32.3		3:27:07	3:24:17	3:27:36	3:33:13		9244
27	Rick	Marzullo	M	45	KW	193.9%	0.00%	67.07%	65.14%	0.00%	61.66%		1:35:44.7	1:57:46.6		3:36:30		3:19:01	3:24:56		9371
28	Michael	Root	M	45	BARC	193.4%	67.22%	70.03%	0.00%	0.00%	56.13%	1:11:24	1:30:57.3			3:57:48	3:16:52	3:08:57			1649
29	Carlos	Alzate	M	46	HS	190.3%	0.00%	65.94%	62.84%	60.34%	61.52%		1:37:23.5	2:03:05.9	2:35:18.2	3:38:51		3:22:27	3:34:16	3:43:07	8337
30	Eric	Raschke	M	43		189.8%	0.00%	64.17%	62.36%	0.00%	63.30%		1:38:27.9	2:01:01.3		3:27:20		3:24:31	3:30:27		8824
31	Yoichi	Morishima	M	49	HS	188.5%	62.23%	64.87%	0.00%	44.93%	61.43%	1:20:19	1:42:20.1		3:34:01.1	3:45:01	3:42:05	3:33:04		5:07:39	8605
32	Roger	Redding	M	49	BARC	182.1%	61.63%	64.68%	55.79%	52.55%	48.92%	1:20:25	1:41:47.3	2:21:00.1	3:01:22.6	4:42:32	3:42:17	3:31:49	4:05:33	4:20:42	10599
33	Jacques	Smuts	M	42	HMSA	182.0%	59.97%	63.20%	58.78%	56.89%	56.10%	1:18:46	1:39:10.6	2:07:20.3	2:39:20.7	3:51:58	3:37:00	3:25:54	3:41:23	3:48:45	10101
34	Paul	Schulz	M	48	BCRR	181.4%	0.00%	64.60%	61.58%	0.00%	55.20%		1:41:54.2	2:07:45.4		4:08:10		3:32:04	3:42:29		7516
35	Dunbar	Chambers	M	49		179.9%	59.43%	63.02%	54.60%	0.00%	57.43%	1:24:06	1:45:20.1	2:25:17.2		4:00:40	3:52:34	3:39:19	4:13:07		9005
36	Kelly	McClendor	M	47		179.4%	59.82%	61.60%	0.00%	0.00%	57.97%	1:31:33	1:57:49.5			4:17:30	4:09:34	4:02:20			9493
37	Eric	Faria	M	49	BCRR	177.8%	58.54%	60.57%	58.66%	57.37%	53.95%	1:25:23	1:49:36.2	2:15:14.0	2:47:36.2	4:16:12	3:56:07	3:48:12	3:55:36	4:00:56	8489
38	Stephen	Gross	M	47	HS	172.5%	0.00%	0.00%	56.89%	56.87%	58.71%			2:17:06.8	2:46:11.5	3:51:21			3:58:45	3:58:49	8809
39	Wilfredo	Martinez	M	49	TOR	170.8%	0.00%	60.07%	55.10%	55.59%	48.76%		1:50:30.5	2:23:59.2	2:52:57.9	4:46:03		3:50:05	4:10:51	4:08:38	10023
40	Jeff	Sharp	M	48	HS	170.7%	57.50%	59.86%	0.00%	52.90%	53.30%	1:26:12	1:49:58.3		3:00:11.9	4:17:03	3:58:15	3:48:51		4:19:00	8892
41	Charles	Ash	M	45	HS	169.0%	0.00%	56.61%	54.88%	0.00%	57.54%		1:52:31.2	2:18:37.9		3:51:59		3:53:45	4:01:07		10551
42	Randy	Bradley	M	45	TWRC	167.8%	0.00%	58.52%	55.87%	53.44%	50.86%		1:49:44.6	2:17:18.6	2:53:51.9	4:22:26		3:48:07	3:58:55	4:09:46	10093
43	Paul	Finken	M	46	USAF	163.4%	0.00%	59.47%	55.84%	0.00%	48.04%		1:48:52.5	2:18:30.8		4:40:16		3:46:23	4:01:06		9566
44	Wilmer	Bustillos	M	42	TOR	163.1%	0.00%	80.51%	0.00%	82.54%	0.00%		1:17:51.3		1:49:49.6			2:41:38		2:37:40	10614
45	Darrin	Caramonta	M	42		161.7%	55.44%	55.37%	50.90%	0.00%	44.98%	1:25:12	1:53:12.1	2:27:03.7		4:49:19	3:54:44	3:55:01	4:15:41		4836
46	Elias	Deetlefs	M	49	HS	160.5%	0.00%	81.49%	0.00%	0.00%	79.00%		1:21:27.5			2:54:58		2:49:36			10701
47	Jack	McClintic	M	46	TOR	159.8%	78.49%	81.32%	0.00%	0.00%	0.00%	1:02:08	1:19:37.4				2:51:32	2:45:34			4781
48	Jeffrey	Tabourne	M	42	BCRR	159.6%	52.82%	53.21%	49.52%	49.67%	53.55%	1:28:44	1:56:51.7	2:29:55.6	3:01:01.6	4:03:02	4:04:21	4:02:33	4:20:37	4:19:51	9333
49	Danny	Sohn	M	46	BCRR	158.6%	0.00%	55.77%	0.00%	53.31%	49.52%		1:56:05.6		2:55:48.3	4:31:54		4:01:23		4:12:34	7505
50	Martin	Stupel	M	43		157.7%	51.64%	55.76%	50.26%	46.01%	0.00%	1:31:28	1:54:14.0	2:31:22.0	3:20:18.3		4:11:59	3:57:19	4:23:17	4:47:36	1617
51	Christophe	Harris	M	49	BCRR	157.0%	0.00%	0.00%	50.07%	51.13%	55.83%			2:38:26.2	3:08:02.8	4:07:35			4:36:02	4:30:19	7967
52	Mark	Conran	M	48	BCRR	153.6%	77.67%	0.00%	0.00%	0.00%	75.97%	1:03:49				3:00:20	2:56:23				9904

53	Mark	Gonzales	M	43	HS	153.3%	51.79%	52.09%	48.40%	47.75%	49.41%	1:31:56	2:01:17.2	2:35:54.8	3:11:25.5	4:25:37	4:13:23	4:11:55	4:31:08	4:34:51	8665
54	Eric	Zoerb	M	46		152.5%	0.00%	54.66%	52.09%	0.00%	45.77%		1:58:28.0	2:28:29.7		4:54:09		4:06:20	4:18:28		1381
55	Ed	Sturdivant	M	41	HS	149.6%	0.00%	0.00%	0.00%	72.24%	77.38%				2:04:28.1	2:46:48				2:58:40	90073
56	Eddie	Rodriguez	M	47	BCRR	148.8%	49.51%	53.23%	44.70%	45.86%	46.03%	1:39:19	2:02:38.3	2:54:30.7	3:26:04.7	4:55:04	4:34:21	4:15:08	5:03:52	4:56:08	8232
57	Thomas	Stallings	M	46		147.2%	49.17%	50.84%	47.15%	42.62%	42.11%	1:39:10	2:07:21.5	2:44:03.1	3:39:54.3	5:19:42	4:33:48	4:24:49	4:45:33	5:15:55	9561
58	Ben	Hooper	M	49	FBF	146.6%	0.00%	50.61%	48.51%	0.00%	47.50%		2:11:09.5	2:43:32.6		4:50:58		4:33:05	4:44:56		9799
59	Robert	Moser	M	47		145.4%	48.00%	49.84%	0.00%	0.00%	47.56%	1:42:25	2:10:59.3			4:45:35	4:42:56	4:32:31			10737
60	John	McWhorter	M	43	BCRR	142.9%	0.00%	0.00%	70.65%	0.00%	72.26%			1:45:56.8		3:01:37			3:04:12		8778
61	Mike	Crowley	M	43	BCRR	142.9%	0.00%	72.28%	0.00%	0.00%	70.59%		1:27:25.0			3:05:54		3:01:34			8628
62	Avi	Moss	M	45	BCRR	142.2%	0.00%	75.08%	0.00%	0.00%	67.09%		1:25:31.8			3:18:57		2:57:47			8633
63	Mario	Rios	M	43	HS	141.6%	0.00%	49.20%	47.77%	0.00%	44.64%		2:08:25.6	2:37:59.6		4:53:58		4:26:45	4:34:45		9247
64	Juan	Benitez	M	41	USAF	138.6%	0.00%	47.68%	46.05%	0.00%	44.91%		2:10:25.0	2:41:15.2		4:47:22		4:30:41	4:40:18		9364
65	Daniel	George	M	41		136.9%	0.00%	71.55%	0.00%	0.00%	65.34%		1:26:54.5			3:17:32		3:00:23			10113
66	Doug	Schroeder	M	40	HS	136.2%	0.00%	74.75%	0.00%	0.00%	61.41%		1:22:31.1			3:28:27		2:51:14			8807
67	Holden	Choi	M	41	HS	134.7%	0.00%	51.55%	40.40%	42.80%	0.00%		2:00:38.1	3:03:47.4	3:30:06.5			4:10:23	5:19:29	5:01:35	9216
68	James	Wright	M	41	HS	133.7%	0.00%	0.00%	66.64%	0.00%	67.06%			1:51:25.3		3:12:28			3:13:41		9189
69	Gerardo	Lopez	M	43		132.3%	65.71%	66.62%	0.00%	0.00%	0.00%	1:12:28	1:34:50.7				3:19:42	3:17:00			2167
70	Sam	Musachia	M	49	HMSA	132.3%	0.00%	69.48%	0.00%	0.00%	62.80%		1:35:32.9			3:40:06		3:18:56			10600
71	Thomas	Zvonek	M	43		131.9%	0.00%	46.47%	0.00%	41.86%	43.54%		2:15:57.6		3:38:20.5	5:01:24		4:42:24		5:13:30	10407
72	Joe	Sellers	M	44	BCRR	129.7%	42.92%	46.39%	0.00%	0.00%	40.41%	1:51:50	2:17:18.0			5:27:27	5:08:19	4:45:14			801
73	Rodney	Thorin	M	40	HS	129.5%	0.00%	46.11%	41.96%	0.00%	41.46%		2:13:46.1	2:55:34.1		5:08:43		4:37:35	5:05:04		9559
74	James	Scheffer	M	41		128.3%	0.00%	44.71%	41.12%	42.04%	41.50%		2:19:04.0	3:00:33.3	3:33:52.7	5:10:59		4:48:39	5:13:51	5:07:00	10564
75	Jay	Sonnenbun	M	43	TOR	123.5%	0.00%	63.61%	59.92%	0.00%	0.00%		1:39:19.9	2:05:56.6				3:26:19	3:39:01		10620
76	Larry	Teeter	M	48		123.0%	0.00%	65.06%	0.00%	0.00%	57.99%		1:41:11.0			3:56:16		3:30:34			872
77	Eddie	Araguz	M	43	TOR	122.7%	0.00%	67.13%	55.53%	0.00%	0.00%		1:34:07.6	2:15:53.5				3:15:30	3:56:19		10700
78	michael	luna	M	47	HMSA	122.4%	0.00%	63.92%	0.00%	0.00%	58.48%		1:41:17.6			3:52:14		3:30:37			10187
79	David	Moise	M	41	HS	120.5%	0.00%	0.00%	0.00%	59.14%	61.34%				2:32:01.8	3:30:25				3:38:13	90072
80	Jesus	Garza	M	40	HMSA	118.1%	61.00%	0.00%	0.00%	57.08%	0.00%	1:16:15			2:36:14.3		3:29:50			3:44:14	6896
81	John	Kincl	M	43		116.5%	57.09%	59.43%	0.00%	0.00%	0.00%	1:22:44	1:45:28.0				3:47:56	3:38:57			9673
82	Victor	Curo	M	44	HS	113.4%	0.00%	59.27%	54.17%	0.00%	0.00%		1:47:28.1	2:20:27.6				3:43:16	4:04:18		8263
83	Fernando	Botello	M	45	HMSA	112.6%	57.80%	0.00%	0.00%	0.00%	54.81%	1:23:43				4:03:32	3:50:58				1431
84	James	Dykas	M	45	USAF	111.2%	52.49%	58.75%	0.00%	0.00%	0.00%	1:32:10	1:49:18.7				4:14:17	3:47:13			9619
85	Francisco	Galvan	M	45	HS	108.3%	0.00%	57.59%	0.00%	0.00%	50.67%		1:50:36.2			4:23:27		3:49:46			9838
86	Steve	Meyer	M	48	BCRR	103.9%	51.17%	52.74%	0.00%	0.00%	0.00%	1:36:52	2:03:46.9				4:27:45	4:17:31			10677
87	Lee	Baughman	M	45	HS	102.4%	0.00%	53.36%	49.01%	0.00%	0.00%		2:00:21.2	2:36:32.8				4:10:10	4:32:23		7206
88	Tom	Williams	M	47		101.4%	0.00%	53.61%	0.00%	0.00%	47.79%		2:08:10.1			4:44:11		4:27:17			9881
89	Richard	McQuaide	M	46	TWRC	99.0%	0.00%	49.16%	0.00%	0.00%	49.81%		2:11:42.8			4:30:16		4:33:52			10519
90	Shawn	Smith	M	41		98.0%	0.00%	0.00%	0.00%	43.56%	54.44%				3:18:10.3	3:49:28				4:46:48	9041
91	Kevin	Cox	M	49	HS	90.7%	0.00%	48.55%	0.00%	0.00%	42.18%		2:16:43.7			5:27:40		4:44:41			90067
92	Albert	Labasse	M	43		89.2%	0.00%	48.71%	0.00%	0.00%	40.47%		2:09:43.2			5:24:17		4:29:26			8740
93	Jon	Butler	M	45		86.6%	0.00%	86.56%	0.00%	0.00%	0.00%		1:14:11.5					2:34:13			9922
94	Brock	Gillman	M	40	USAF	85.5%	0.00%	0.00%	43.24%	0.00%	42.26%			2:50:22.5		5:02:52			4:56:02		10638
95	todd	butcher	M	45		84.9%	0.00%	0.00%	0.00%	43.77%	41.15%				3:32:16.1	5:24:21				5:04:57	10540
96	Jacob	Mazone	M	45		84.5%	0.00%	84.50%	0.00%	0.00%	0.00%		1:15:59.5					2:37:58			10184
97	Steven	King	M	44	HH	83.5%	83.50%	0.00%	0.00%	0.00%	0.00%	0:57:29					2:38:29				4596
98	Steven	King	M	45	BARC	78.7%	0.00%	0.00%	0.00%	78.73%	0.00%				1:57:03.9					2:48:05	1980
99	Terry	Garrett	M	44	BCRR	77.2%	0.00%	0.00%	77.15%	0.00%	0.00%			1:38:36.8					2:51:31		6374
100	Agapito	Gaytan	M	46	TOR	76.7%	0.00%	0.00%	0.00%	0.00%	76.67%					2:55:36					7178
101	Matthew	Nicol	M	44	BCRR	75.9%	75.92%	0.00%	0.00%	0.00%	0.00%	1:03:14					2:54:19				8042
102	Nicholas	Purday	M	45	BCRR	75.7%	0.00%	0.00%	75.69%	0.00%	0.00%			1:41:21.6					2:56:22		10178
103	Andrew	Pena, Jr.	M	46	TOR	75.2%	0.00%	0.00%	0.00%	0.00%	75.24%					2:58:57					10412
104	William	Hendersor	M	45	BCRR	74.3%	0.00%	0.00%	0.00%	0.00%	74.34%					2:59:33					8082
105	Darwin	Williamsor	M	48		72.6%	0.00%	72.56%	0.00%	0.00%	0.00%		1:30:44.0					3:08:49			7097
106	Victor	Kaiser	M	41	HS	72.2%	35.35%	36.85%	0.00%	0.00%	0.00%	2:12:35	2:48:45.0				6:05:07	5:50:15			8750
107	Allen	Terrell	M	40		71.2%	0.00%	0.00%	0.00%	0.00%	71.18%					2:59:50					1174

108	GERALD	KRAWIET.	M	43	TTC	71.0%	70.96%	0.00%	0.00%	0.00%	0.00%	1:07:06					3:04:56			602
109	Thorleif	Egeli	M	44	HS	69.7%	0.00%	0.00%	0.00%	0.00%	69.67%						3:09:57			90068
110	Steven	Peppel	M	41	HMSA	68.3%	0.00%	0.00%	0.00%	0.00%	68.35%						3:08:50			9542
111	Predrag	Bojovic	M	45		66.6%	0.00%	66.65%	0.00%	0.00%	0.00%		1:36:21.2					3:20:17		9002
112	Mark	Coleman	M	49	TOR	62.2%	0.00%	0.00%	0.00%	0.00%	62.23%						3:42:07			8520
113	Ted	Jodzio	M	46		61.0%	0.00%	0.00%	0.00%	0.00%	61.05%						3:40:32			90032
114	Clark	Courtright	M	48	HMSA	60.2%	0.00%	0.00%	60.20%	0.00%	0.00%			2:09:34.6				3:45:37		8026
115	Michael	Manuel	M	49	BCRR	60.1%	0.00%	0.00%	0.00%	0.00%	60.10%						3:49:59			943
116	Jeffery	Cook	M	43		58.9%	0.00%	0.00%	0.00%	0.00%	58.91%						3:42:47			8688
117	Terry	Johnson	M	48	FLS	58.1%	0.00%	0.00%	0.00%	0.00%	58.10%						3:55:48			1487
118	Mark	Russell	M	47		58.0%	0.00%	0.00%	0.00%	0.00%	58.03%						3:54:03			6345
119	Scott	Peregoy	M	49		57.4%	0.00%	0.00%	0.00%	57.35%	0.00%				2:47:38.8				4:01:00	10603
120	Eddie	Espinosa	M	45	TOR	57.3%	0.00%	0.00%	0.00%	0.00%	57.27%						3:53:04			879
121	Juan	Lara	M	48		54.9%	0.00%	54.90%	0.00%	0.00%	0.00%			1:58:55.4				4:07:25		10476
122	JOEL	DUBOIS	M	49	HS	54.8%	0.00%	0.00%	0.00%	0.00%	54.82%						4:12:08			1823
123	Alan	Svoboda	M	45	BCRR	52.4%	52.42%	0.00%	0.00%	0.00%	0.00%	1:32:18					4:14:38			8046
124	John	DiMarco	M	49	HS	51.7%	0.00%	51.70%	0.00%	0.00%	0.00%		2:08:24.1					4:27:21		8801
125	John	Sobchak	M	47		51.5%	0.00%	0.00%	0.00%	0.00%	51.47%						4:23:51			8355
126	Montey	Adkison	M	43		50.8%	0.00%	50.81%	0.00%	0.00%	0.00%		2:03:22.3					4:16:07		10182
127	Tom	Helm	M	41	BCRR	48.9%	0.00%	0.00%	0.00%	0.00%	48.87%						4:24:07			2218
128	David	Work	M	45		48.4%	0.00%	0.00%	0.00%	0.00%	48.40%						4:35:47			4246
129	Edwin	Quarles	M	41		47.9%	0.00%	0.00%	47.89%	0.00%	0.00%			2:35:02.0				4:29:29		9538
130	Grady	Harrison	M	47	BCRR	44.5%	0.00%	0.00%	0.00%	0.00%	44.46%						5:05:30			9581
131	Rand	Mintzer	M	48	GALL	43.6%	0.00%	0.00%	0.00%	0.00%	43.63%						5:13:59			90030
132	Robert	Browning	M	48	USAF	43.6%	0.00%	0.00%	0.00%	0.00%	43.59%						5:14:19			9866
133	Tom	Rech	M	44		42.3%	0.00%	0.00%	0.00%	0.00%	42.27%						5:13:06			803
134	Tim	McGuirk	M	45	BCRR	42.1%	0.00%	0.00%	42.05%	0.00%	0.00%			3:02:25.2				5:17:24		10608
135	Leonard	Topolski	M	46	BARC	42.0%	0.00%	0.00%	0.00%	0.00%	42.01%						5:20:31			688
136	Jon	Walk	M	41		40.5%	0.00%	0.00%	0.00%	0.00%	40.51%						5:18:37			8105
137	Theoscar	Meares	M	43	BCRR	37.8%	0.00%	37.84%	0.00%	0.00%	0.00%		2:46:58.7				5:46:49			10539
138	Arthur	Madrid	M	47	USAF	37.6%	0.00%	37.63%	0.00%	0.00%	0.00%		2:53:29.4				6:00:56			7643
139	lawrence	hanson	M	49	KW	37.6%	0.00%	37.56%	0.00%	0.00%	0.00%		2:55:15.7				6:04:43			6670

HARRA Runner of the Season - Fall 2007 (3-28-2008)

Men 50+						Best	Percentages:					Times:					Marathon Predictor from:				HARRA#
Place			sex	age	club	3 of 5	10mi	Half-M	25k	30k	Mar.	10mi	Half-M	25k	30k	Mar.	10mi	Half-M	25k	30k	
1	Ben	Harvie	M	61	TTC	250.5%	81.88%	83.81%	82.83%	78.76%	83.82%	1:07:11	1:27:20.5	1:46:45.7	2:16:17.0	3:04:34	3:07:06	3:02:47	3:06:46	3:16:26	7669
2	Kenneth	Ruane	M	66		247.8%	83.27%	82.91%	80.39%	0.00%	81.64%	1:09:53	1:33:30.7	1:55:31.0		3:19:23	3:15:30	3:16:20	3:22:29		1836
3	Miguel	Lopez	M	56	TOR	246.3%	83.26%	83.93%	79.10%	0.00%	0.00%	1:03:44	1:24:04.9	1:46:42.0			2:57:00	2:55:37	3:06:19		2117
4	Richard	Fredrich	M	50	TTC	245.7%	82.10%	83.61%	78.59%	78.45%	80.02%	1:01:24	1:20:04.7	1:41:50.4	2:03:38.3	2:54:18	2:49:53	2:46:49	2:57:28	2:57:46	679
5	Ted	Traynor	M	58	HS	245.4%	80.68%	82.95%	80.88%	0.00%	81.58%	1:06:57	1:26:37.0	1:46:17.2		3:04:08	3:06:11	3:01:05	3:05:43		8384
6	Ramiro	Ramirez	M	54	TOR	238.4%	78.73%	81.33%	78.30%	76.48%	74.28%	1:06:14	1:25:13.7	1:45:52.8	2:11:26.1	3:14:43	3:03:42	2:57:50	3:04:44	3:09:07	10060
7	Larry	Tidwell	M	51	HMSA	238.0%	79.95%	79.85%	78.15%	0.00%	0.00%	1:03:35	1:24:34.5	1:43:18.6			2:56:00	2:56:14	3:00:04		2612
8	Rich	Siemens	M	67	ALRC	235.2%	0.00%	81.61%	75.46%	0.00%	78.17%		1:35:58.1	2:04:18.1		3:30:26		3:21:35	3:38:00		8084
9	Joe	Melanson	M	52	HH	234.2%	0.00%	75.22%	0.00%	79.35%	79.65%		1:30:33.2		2:04:25.5	2:58:17		3:08:46		2:58:57	3200
10	Jamal	Jamalyaria	M	55	TOR	233.8%	78.10%	79.32%	76.39%	0.00%	0.00%	1:07:21	1:28:09.8	1:49:29.0			3:06:57	3:04:04	3:11:08		7953
11	Ty	Schmalz	M	60		231.2%	75.84%	78.21%	76.72%	0.00%	76.27%	1:11:52	1:32:44.2	1:53:07.4		3:20:50	3:19:59	3:13:55	3:17:42		2126
12	Steve	Brammer	M	56	TOR	231.1%	87.27%	0.00%	0.00%	85.97%	57.86%	1:00:49			1:59:04.5	4:14:43	2:48:53			2:51:26	8629
13	Dale	Lee	M	52	TTC	229.3%	76.95%	76.26%	76.07%	0.00%	73.70%	1:06:04	1:28:33.6	1:46:08.0		3:12:41	3:02:52	3:04:32	3:04:59		4222
14	mark	Girouard	M	51	TTC	228.3%	76.44%	76.88%	75.01%	0.00%	74.32%	1:06:30	1:27:50.3	1:47:37.7		3:09:20	3:04:06	3:03:02	3:07:36		9151
15	Roger	Boak	M	59	TTC	224.1%	77.30%	0.00%	74.33%	0.00%	72.48%	1:09:52		1:56:45.4		3:29:16	3:14:19		3:24:03		2011
16	Victor	Aguirre	M	56	TOR	222.7%	74.84%	75.90%	70.56%	0.00%	72.00%	1:10:17	1:32:58.7	1:59:37.0		3:24:42	3:15:04	3:14:11	3:28:53		2032
17	Jose Luis	Martinez	M	56	TOR	222.1%	73.00%	75.99%	73.07%	0.00%	0.00%	1:12:42	1:32:51.8	1:55:30.8			3:21:54	3:13:57	3:21:43		3850
18	B.J.	Almond	M	52	HMSA	221.2%	74.54%	73.99%	72.66%	0.00%	67.25%	1:08:12	1:31:16.3	1:51:06.4		3:31:10	3:08:47	3:10:11	3:13:39		6442
19	Chris	Buchanan	M	70	BCRR	220.4%	73.76%	78.07%	68.57%	0.00%	0.00%	1:22:07	1:43:25.8	2:21:05.3			3:50:19	3:37:36	4:07:44		9481
20	orville	kremmer	M	75	ALRC	218.3%	72.94%	74.24%	71.14%	0.00%	0.00%	1:28:57	1:56:15.9	2:25:17.6			4:08:52	4:04:30	4:15:09		2135
21	Mark	Fraser	M	51	BCRR	216.8%	71.41%	73.28%	69.44%	64.65%	72.13%	1:11:11	1:32:09.6	1:56:16.3	2:31:20.9	3:15:06	3:17:03	3:12:02	3:22:40	3:37:39	4776
22	Jack	Lippincott	M	61	TTC	214.5%	70.99%	72.26%	71.21%	68.23%	57.32%	1:18:11	1:42:14.6	2:04:11.7	2:37:19.0	4:29:53	3:37:54	3:34:05	3:37:16	3:46:44	525
23	dan	allenswortl	M	78	ALRC	213.2%	0.00%	73.03%	71.71%	0.00%	68.44%		2:02:26.0	2:32:16.5		4:40:10		4:17:26	4:27:22		1277
24	ruben	coryat	M	68	HS	208.2%	72.98%	0.00%	0.00%	72.03%	63.20%	1:21:18			2:39:50.0	4:23:04	3:47:48			3:50:48	9552
25	Bruce	Mansur	M	54	BCRR	207.1%	68.70%	71.18%	64.56%	62.61%	67.22%	1:15:55	1:37:23.1	2:08:24.9	2:40:32.8	3:35:09	3:30:32	3:23:12	3:44:03	3:51:01	8440
26	Ben	Sopchak	M	52		205.9%	0.00%	69.51%	67.28%	65.09%	69.11%		1:37:59.4	2:01:01.7	2:31:41.1	3:25:28		3:24:17	3:31:03	3:38:09	4575
27	Juergen	Mueller	M	56	RH	202.8%	71.03%	0.00%	67.79%	63.67%	63.98%	1:14:43		2:04:30.6	2:40:46.8	3:50:21	3:27:30		3:37:26	3:51:29	10477
28	Bill	Buffum	M	63	BARC	201.8%	0.00%	71.02%	61.96%	68.84%	0.00%		1:45:00.8	2:24:06.1	2:37:25.0			3:40:00	4:12:11	3:46:58	795
29	Santos	Hernandez	M	51	HS	199.9%	69.08%	0.00%	66.50%	64.29%	64.34%	1:13:35		2:01:23.8	2:32:12.0	3:38:43	3:23:42		3:31:36	3:38:53	6017
30	Jim	Peiffer	M	64	HS	198.9%	0.00%	64.64%	67.03%	67.27%	64.61%		1:58:47.0	2:15:48.1	2:44:18.5	4:06:46		4:09:13	3:57:50	3:57:00	9147
31	Ronnie	Schreiber	M	57	BARC	198.1%	68.25%	0.00%	65.88%	63.98%	55.77%	1:18:26		2:09:17.7	2:41:28.3	4:26:46	3:38:00		3:45:50	3:52:32	7798
32	Dick	Vaughan	M	52		196.9%	0.00%	69.02%	65.71%	0.00%	62.16%		1:38:41.8	2:03:56.0		3:48:26		3:25:45	3:36:07		8974
33	Fred	Steves	M	66	BCRR	195.2%	65.02%	0.00%	64.66%	0.00%	65.47%	1:29:29		2:23:36.9		4:08:38	4:10:21		4:11:44		7069
34	Mike	Mangan	M	66	BCRR	194.2%	65.15%	65.46%	60.30%	57.37%	63.59%	1:29:19	1:58:27.0	2:34:01.2	3:16:34.8	4:16:00	4:09:52	4:08:41	4:29:59	4:43:44	8852
35	Jose	Amador	M	50	TOR	193.6%	66.13%	65.00%	62.17%	62.45%	59.62%	1:15:35	1:42:07.7	2:07:36.7	2:33:57.7	3:51:50	3:29:00	3:32:38	3:42:20	3:41:19	10473
36	Steve	Wisner	M	50	TTC	192.7%	0.00%	66.14%	60.63%	59.02%	65.97%		1:41:13.7	2:12:00.5	2:44:20.3	3:31:25		3:30:52	3:50:02	3:56:17	10181
37	Thomas	Woltz, Sr.	M	60	HS	192.4%	66.81%	68.59%	0.00%	57.03%	0.00%	1:22:20	1:46:43.6		3:06:23.3		3:49:18	3:43:21		4:28:36	752
38	Scott W	Johnson	M	55	BCRR	192.3%	0.00%	64.27%	63.12%	0.00%	64.93%		1:48:48.2	2:12:29.9		3:44:51		3:47:09	3:51:18		6475
39	Kevin	Ward	M	55		190.0%	64.22%	65.09%	60.71%	0.00%	59.00%	1:21:54	1:47:26.1	2:17:45.2		4:07:28	3:47:21	3:44:18	4:00:29		7851
40	Steve	Shepard	M	52	HS	187.9%	65.28%	0.00%	59.34%	0.00%	63.30%	1:18:31		2:17:13.4		3:44:20	3:37:32		3:59:17		616
41	Robert	Hoekman	M	66	TTC	183.4%	60.48%	62.75%	60.19%	0.00%	54.49%	1:36:12	2:03:33.2	2:34:16.7		4:58:44	4:29:09	4:19:24	4:30:26		615
42	Lee	Greb	M	53	HS	182.2%	0.00%	67.30%	58.41%	56.53%	47.41%		1:42:06.0	2:20:38.7	2:56:11.9	5:02:15		3:32:55	4:05:20	4:13:30	7306
43	Dave	Stadnick	M	59	HS	179.9%	61.72%	61.19%	55.82%	56.96%	52.57%	1:28:18	1:58:32.7	2:35:28.7	3:04:49.7	4:48:29	4:05:44	4:07:53	4:31:43	4:26:15	1215
44	william	blount	M	57	TWRC	177.7%	0.00%	59.08%	60.51%	58.09%	57.11%		1:59:26.1	2:19:28.2	2:56:13.6	4:20:32		4:09:27	4:03:33	4:13:43	10081
45	Robert	Thompson	M	52	BCRR	168.3%	0.00%	59.56%	53.26%	52.90%	55.47%		1:54:21.8	2:32:53.8	3:06:39.4	4:16:00		3:58:25	4:26:37	4:28:27	10736
46	Daniel	Jason	M	61	BCRR	167.3%	0.00%	0.00%	59.30%	57.42%	50.62%			2:29:07.6	3:06:55.9	5:05:36			4:20:52	4:29:26	9856
47	David	Rushing	M	60		164.9%	0.00%	62.61%	45.50%	0.00%	56.83%		1:56:55.4	2:35:59.8		4:29:33		4:04:41	4:34:31		9550
48	Michael	Fritz	M	50		161.4%	55.93%	0.00%	54.99%	0.00%	50.51%	1:30:07		2:25:32.8		4:36:06	4:09:22		4:13:38		10729
49	Mike	Grimes	M	54	BCRR	155.1%	52.98%	0.00%	52.79%	0.00%	49.38%	1:38:26		2:37:02.2		4:52:55	4:33:01		4:33:59		4723
50	Robert	Ellis	M	77	TTC	152.5%	75.96%	76.50%	0.00%	0.00%	0.00%	1:28:35	1:56:53.2				4:07:31	4:05:47			2311
51	Rainer	Potthast	M	53	HS	151.0%	0.00%	78.12%	72.88%	0.00%	0.00%		1:27:58.0	1:52:43.5				3:03:27	3:16:38		9423
52	Alfonso	Torres	M	50	BARC	149.6%	49.75%	52.16%	47.65%	44.77%	45.56%	1:40:28	2:07:16.0	2:47:57.3	3:36:39.2	5:06:05	4:37:50	4:24:59	4:52:41	5:11:30	10409
53	Paul	Roche	M	59		148.7%	51.80%	50.87%	0.00%	0.00%	46.05%	1:45:13	2:22:34.8			5:29:22	4:52:48	4:58:08			521

54	Patrick	McGannor	M	51	TOR	147.2%	74.65%	0.00%	72.51%	0.00%	0.00%	1:07:31		1:50:22.1			3:06:49		3:12:20	9667	
55	Bob	Lauck	M	51		146.2%	0.00%	52.71%	46.98%	0.00%	46.46%		2:08:06.8	2:51:50.9		5:02:51	4:26:57	4:59:32		6639	
56	Manny	Valle	M	51	TOR	145.8%	49.20%	48.34%	44.27%	0.00%	48.27%	1:42:26	2:18:29.6	3:00:47.6		4:51:32	4:43:27	4:48:30	5:15:03	8887	
57	Alan	Anderson	M	62	HS	145.7%	0.00%	51.82%	46.68%	0.00%	47.16%		2:23:55.3	3:11:16.7		5:31:20		5:01:31	5:34:45	3513	
58	Bob	Sevin Jr.	M	50	FLS	145.3%	0.00%	75.33%	0.00%	0.00%	69.97%		1:28:52.8			3:19:20		3:05:09		8704	
59	John	Polisini	M	54	ALRC	142.6%	71.10%	71.46%	0.00%	0.00%	0.00%	1:13:21	1:36:59.9				3:23:25	3:22:24		3224	
60	John	Shields	M	55	BCRR	141.9%	0.00%	0.00%	0.00%	68.05%	73.80%				2:29:03.1	3:17:50				3:34:32	9750
61	Gerard	Beaudoin	M	60	KW	140.6%	71.57%	0.00%	69.04%	0.00%	0.00%	1:16:51		2:06:51.9			3:34:01		3:41:53		8969
62	Wilhelmus	Burgers	M	58	BCRR	138.5%	69.11%	69.37%	0.00%	0.00%	0.00%	1:18:09	1:43:34.8				3:37:21	3:36:33			10612
63	Ron	Berglund	M	60	HS	138.0%	43.88%	49.84%	0.00%	0.00%	44.28%	2:05:20	2:26:52.4			5:45:58	5:49:04	5:07:21			8793
64	Edward	Chisholm	M	58	BCRR	136.5%	0.00%	47.12%	44.31%	44.07%	45.05%		2:32:29.8	3:13:59.4	3:56:39.7	5:33:25		5:18:49	5:38:58	5:40:51	6801
65	John	McKenna,	M	51		134.1%	66.24%	0.00%	0.00%	0.00%	67.90%	1:16:45				3:27:14	3:32:27				10472
66	Felix	Lugo	M	51	BCRR	130.4%	0.00%	0.00%	44.01%	42.79%	43.63%			3:03:26.6	3:48:41.0	5:22:33			5:19:44	5:28:52	1769
67	Dusty	Cook	M	53	HS	130.3%	44.62%	45.12%	40.51%	39.44%	38.86%	1:55:51	2:32:17.9	3:22:47.5	4:12:32.7	6:08:48	5:21:08	5:17:36	5:53:45	6:03:21	4247
68	Lionel	Briggs	M	50		130.2%	63.15%	67.09%	0.00%	0.00%	0.00%	1:19:49	1:39:47.6				3:40:51	3:27:53			10662
69	David	Harrison	M	52	BCRR	129.3%	0.00%	43.64%	42.06%	0.00%	43.56%		2:36:06.1	3:13:37.2		5:25:59		5:25:25	5:37:38		7500
70	Richard	Rodriguez	M	52		129.0%	0.00%	0.00%	0.00%	65.61%	63.37%				2:30:28.8	3:44:04				3:36:25	9195
71	Myron	Dianiska	M	62	USAF	128.3%	41.71%	42.58%	42.94%	42.76%	0.00%	2:14:21	2:55:09.9	3:27:55.8	4:13:26.6		6:14:37	6:06:58	6:03:53	6:05:26	8519
72	James	Taylor	M	64		125.4%	0.00%	64.50%	0.00%	0.00%	60.93%		1:57:53.1			4:21:40		4:07:11			7861
73	Clark	Hudgens	M	53	USAF	123.4%	0.00%	64.81%	58.54%	0.00%	0.00%		1:45:06.2	2:19:05.9				3:39:06	4:02:33		9079
74	Nicolas	Meza	M	56	TOR	122.6%	61.50%	0.00%	0.00%	0.00%	61.12%	1:25:32				4:01:08	3:57:24				7075
75	Patrick	Flaherty	M	50	BCRR	118.7%	0.00%	61.42%	57.29%	0.00%	0.00%		1:48:05.3	2:18:29.1				3:45:03	4:01:16		10595
76	Freddy	Queen	M	59		118.6%	0.00%	64.07%	0.00%	0.00%	54.58%		1:52:08.5			4:37:54		3:54:27			4787
77	Dennis	Shaw	M	53	TOR	118.6%	0.00%	65.57%	53.04%	0.00%	0.00%		1:43:53.4	2:34:52.8				3:36:35	4:30:10		9052
78	Val	Lincecum	M	52	FLS	115.6%	0.00%	0.00%	0.00%	52.72%	62.86%				3:07:15.8	3:45:53				4:29:20	9282
79	John	Fredrickso	M	69	BCRR	113.9%	56.48%	0.00%	0.00%	0.00%	57.38%	1:46:05				4:52:51	4:57:31				799
80	Frank	Halter	M	54	HS	112.3%	0.00%	0.00%	59.21%	0.00%	53.13%			2:20:00.2		4:32:14			4:04:16		8165
81	Julian	Rodriguez	M	55		112.2%	0.00%	53.52%	0.00%	0.00%	58.70%		2:10:39.7			4:08:44		4:32:47			8027
82	Basil	Housewrig	M	50	FLS	110.7%	0.00%	56.43%	54.29%	0.00%	0.00%		1:58:38.5	2:27:24.4				4:07:09	4:16:52		8207
83	Douglas	Carlisle	M	66	BCRR	110.6%	61.56%	0.00%	49.00%	0.00%	0.00%	1:34:31		3:09:32.3			4:24:27		5:32:14		1318
84	Mark	Kosicki	M	51		110.6%	0.00%	60.70%	0.00%	0.00%	49.86%		1:51:15.9			4:42:15		3:51:50			10172
85	Thomas	McCay	M	64	BCRR	108.4%	57.24%	0.00%	0.00%	0.00%	51.20%	1:39:44				5:11:25	4:38:34				8756
86	Jose	Castaneda	M	53	HS	101.2%	0.00%	54.10%	47.11%	0.00%	0.00%		2:07:00.6	2:54:21.8				4:24:52	5:04:09		10574
87	Craig	Myers	M	55	BARC	99.6%	0.00%	53.27%	46.29%	0.00%	0.00%		2:11:17.5	3:00:39.7				4:34:06	5:15:23		9788
88	Ken	Harris	M	57	BCRR	99.2%	0.00%	50.60%	48.60%	0.00%	0.00%		2:19:27.4	2:53:40.2				4:51:16	5:03:16		9529
89	Tom	McClurkin	M	58	HS	96.7%	0.00%	51.46%	45.22%	0.00%	0.00%		2:19:36.7	3:10:06.6				4:51:53	5:32:12		10768
90	Julian	Rodriguez	M	55		93.9%	0.00%	53.52%	0.00%	0.00%	40.36%		2:10:39.7			6:01:42		4:32:47			8027
91	William	Hayes	M	56	BCRR	93.6%	49.53%	0.00%	44.07%	0.00%	0.00%	1:46:12		3:09:46.9			4:54:45		5:31:18		4910
92	Michael	Kottong	M	64	BCRR	91.0%	0.00%	0.00%	46.13%	0.00%	44.91%			3:17:21.1		5:54:59			5:45:38		9158
93	Michael	Barnes	M	52		90.1%	0.00%	47.27%	42.84%	0.00%	0.00%		2:24:05.6	3:10:05.5				5:00:23	5:31:28		10590
94	Ino	Cantu	M	74	FLS	84.0%	83.97%	0.00%	0.00%	0.00%	0.00%	1:14:55					3:29:48				621
95	Alfonso	Wongvalle	M	58		83.7%	0.00%	0.00%	0.00%	40.67%	43.03%				4:16:25.6	5:49:07				6:09:19	90029
96	Edward	Fry	M	52	HMSA	79.9%	0.00%	79.86%	0.00%	0.00%	0.00%		1:25:17.7					2:57:49			3362
97	Joe	Barry	M	61	USAF	72.5%	0.00%	0.00%	0.00%	0.00%	72.49%					3:33:24					10470
98	Bill	Crich	M	50	BCRR	71.0%	0.00%	71.02%	0.00%	0.00%	0.00%		1:34:16.0					3:16:22			7657
99	Larry	Lindeen	M	67	BCRR	70.1%	0.00%	0.00%	0.00%	0.00%	70.12%					3:54:35					2115
100	Dan	Jordan	M	50	HS	69.5%	0.00%	0.00%	0.00%	0.00%	69.51%					3:20:38					10433
101	Kevin	Campbell	M	53	HS	69.5%	0.00%	0.00%	0.00%	0.00%	69.47%					3:26:16					8316
102	Tosone	Harbin	M	59	TTC	69.1%	0.00%	0.00%	0.00%	0.00%	69.06%					3:39:36					2007
103	Stephen	Costello	M	54	ALRC	68.5%	0.00%	0.00%	0.00%	0.00%	68.49%					3:31:11					729
104	Jack	Browder	M	57		68.0%	0.00%	0.00%	0.00%	0.00%	68.04%					3:38:41					3740
105	Jay	Hendricksc	M	54	BCRR	67.7%	0.00%	0.00%	0.00%	0.00%	67.67%					3:33:44					4832
106	Bert	Duplessis	M	55	HS	66.8%	0.00%	66.81%	0.00%	0.00%	0.00%		1:44:40.5					3:38:32			10691
107	thomas	radosevich	M	54	BCRR	66.5%	0.00%	0.00%	0.00%	0.00%	66.51%					3:37:28					1834
108	John	Lauten	M	53	ALRC	65.3%	0.00%	0.00%	0.00%	0.00%	65.28%					3:39:31					2164

109	Brian	Binash	M	53	HS	64.7%	0.00%	0.00%	0.00%	0.00%	64.69%					3:41:31				2620	
110	Gabriel	Lara	M	65	ALRC	64.5%	0.00%	0.00%	0.00%	0.00%	64.49%					4:09:48					3884
111	Noah J	Matthews	M	68	HS	64.2%	0.00%	64.19%	0.00%	0.00%	0.00%		2:03:13.3						4:18:59		