

RUNNER OF THE SEASON

- Final Results for Top 3 scoring individuals in each age group

- Names in **RED** are Fall 2021 Ironfoot winners (Ran all 4 series races or ran 3 and volunteers at the other)

WOMEN UNDER 40

FINAL				TOP 2				
RANK	First Name	Last Name	Club	SC 10-Miler	HHM (13.1)	HMSA 25K	CHM (26.2)	TOTAL
1	Erin	DeLong	Houston Striders	70.69	73.14		68.66	143.83
2	Victoria	Nolan	7Run3		71.36		66.12	137.48
3	Jennifer	Wells	Bay Area Running Club		65.23	63.72	67.19	132.42
4	Lindsay	Barnes	The Woodlands Running Club		57.58		50.80	108.38
5	Katherine	Hallaway	Houston Striders			50.11	48.47	98.58
6	Megan	Stoddard			49.09		48.09	97.18
7	Heather	Hamilton	Houston Striders		73.11			73.11
8	Shannon	Hovey	Runners High Club				69.96	69.96
9	Kellie	Jordan					56.80	56.80
10	Holly	Harrington	Houston Striders		52.42			52.42
11	Amber	Song	BCM Harriers				51.29	51.29
12	Sagrario	Baca	No Label Running Club		47.27			47.27
13	Elizabeth Nev	Hayes	PRx Running				47.15	47.15
14	Madeleine	Ginty					46.15	46.15
15	Sarie	Goodweather			45.39			45.39
16	Sheila	Ramamurthy	Bayou City Road Runners		44.63			44.63
17	Stephanie	Kuzydym	Bayou City Road Runners				39.26	39.26
18	Arlinda	Arriaga	Runners High Club		35.04			35.04

WOMEN 40-49

FINAL				TOP 2				
RANK	First Name	Last Name	Club	SC 10-Miler	HHM (13.1)	HMSA 25K	CHM (26.2)	TOTAL
1	Catherine	Kruppa	Houston Striders	84.05	86.36			170.41
2	Jamie	Johnston	Houston Striders	77.25	80.17	77.82	81.52	161.69
3	flora	lai	Houston Harriers	81.16	80.33		77.59	161.49
4	Angela	Neira	Houston Harriers	76.24	79.74		79.05	158.79
5	Tricia	Hernandez	Al Lawrence Running Club		77.61		78.06	155.67
6	May	Shek	Houston Harriers		73.41		75.24	148.65
7	Michelle	Meyer	Bay Area Running Club		66.53		65.00	131.53
8	Vicky	Oddi			63.66		61.10	124.76
9	Lisa	Rogers	Al Lawrence Running Club	59.32	63.32			122.64
10	Natalie	Lankford	Bayou City Road Runners			62.81	57.92	120.73
11	Danielle	Devine	Runners High Club		58.31		60.61	118.92
12	Lynette	Phillips			58.21	54.18		112.39
13	Jen	Ingram	Katy Area Running Club	46.03			64.81	110.84
14	Colleen	Erickson	Bay Area Running Club		51.87	45.73	51.47	103.34
15	Shawna	Roorda	Runners High Club		52.62		48.53	101.15
16	Janelle	Rushton	Houston Master Sports Association		45.80		53.72	99.52
17	Vesta	Griffin	Runners High Club		51.56		47.44	99.00
18	Brenda	Gonzalez	Bayou City Road Runners		49.69	45.33	45.81	95.50
19	Reyna	Merritt	Bay Area Running Club	47.62			47.35	94.97
20	Sarah	Cherington	Houston Harriers				75.27	75.27
21	Jessica	Belen-Rivera					69.58	69.58
22	Sandra	Ruiz	Houston Harriers		67.53			67.53
23	Karen	Ellis	Cypress Running Club				62.96	62.96
24	Margaret	Pace	Bayou City Road Runners				60.78	60.78
25	Casey	Gage			59.02			59.02
26	Dendy	Farrar	Bay Area Running Club				56.07	56.07
27	Sarah	Husbands	Al Lawrence Running Club				54.93	54.93
28	Jennifer	Lane	Runners High Club				53.82	53.82
29	Marissa	Moreno	Bay Area Running Club		51.63			51.63
30	Lillian	Wanjagi	Katy Area Running Club		49.99			49.99
31	Kara	Chan	Runners High Club				49.20	49.20
32	Jennifer	Welshons	7Run3				46.17	46.17
33	Joyce	Mackenzie	Power In Motion				42.77	42.77
34	Janie	Jimenez	Runners High Club		41.57			41.57
35	Melissa	Bestick	Bay Area Running Club				40.43	40.43

WOMEN 50-59

FINAL RANK	First Name	Last Name	Club	SC 10-Miler	HHM (13.1)	HMSA 25K	CHM (26.2)	TOP 2 TOTAL
1	Allyson	Serrao	Bayou City Road Runners	82.70	82.19	80.29		164.89
2	lisa	thompson	Bayou City Road Runners		77.78	78.42	79.31	157.73
3	Kay	Stewart	Bay Area Running Club	75.38	75.35		69.50	150.73
4	Amy	Kelly	Al Lawrence Running Club		69.80	66.40	68.74	138.54
5	Juka	Smits	Al Lawrence Running Club			66.94	71.04	137.98
6	LaTasha	Gary	Al Lawrence Running Club	65.72	66.32		58.67	132.04
7	Alyson	Dunn	Houston Striders		65.54		61.06	126.60
8	Samantha	Cayton	Al Lawrence Running Club	58.01	61.08			119.09
9	Veronica	Castillo	Runners High Club		62.02		53.07	115.09
10	Sherry	Johnson			61.17		53.67	114.84
11	Felicitas	Sandoval	Pasadena Running Club	56.88	54.18			111.06
12	Martha	Hilton	Al Lawrence Running Club		54.40	51.97	53.03	107.43
13	Nicole	Goldman	Kingwood Fit		54.03	49.81		103.84
14	Vanessa	Foster	The Woodlands Running Club		52.86		48.96	101.82
15	Susan	Bell	Bay Area Running Club	41.69	45.22			86.91
16	Peggy	Yetman	Houston Harriers				84.61	84.61
17	Eugenia (Gen	Carter	Kenyan Way		82.73			82.73
18	karen	williams	Bay Area Running Club				70.93	70.93
19	wei	zhang	Bayou City Road Runners				68.90	68.90
20	Jeanette	Haas	Bay Area Running Club		68.81			68.81
21	Carla	Giannoni	Kenyan Way		68.53			68.53
22	Leilani	Wei	Fort Bend Fit				68.09	68.09
23	leanne	rosser			66.54			66.54
24	Kristie	Barbee	Runners High Club				62.98	62.98
25	Amy	Tan	Bayou City Road Runners				60.16	60.16
26	Gentine	Meagher	Runners High Club		59.76			59.76
27	LISA	COLEY	Runners High Club				59.47	59.47
28	Miroslava	Jalovcova	Bayou City Road Runners				57.74	57.74
29	NURIAN	TOY	Kenyan Way		49.98			49.98
30	Jocelyn	Williams	Katy Area Running Club		48.95			48.95
31	Edith	Rose	Houston Striders				48.46	48.46
32	Theresa	Goudeau	Kenyan Way		48.26			48.26
33	Miriam	Doyle	Bay Area Running Club			47.86		47.86
34	Elena	Grassi					47.78	47.78

WOMEN 60+

FINAL RANK	First Name	Last Name	Club	SC 10-Miler	HHM (13.1)	HMSA 25K	CHM (26.2)	TOP 2 TOTAL
1	Lynn	Malloy	Houston Striders	85.72	88.37			174.09
2	Pam	Meaux	The Woodlands Running Club	85.60		83.25		168.85
3	Suzy	Seeley	Al Lawrence Running Club	82.36	84.03	80.05	82.10	166.39
4	Rhonda	Emerson	Bayou City Road Runners	73.14	78.64	74.24	75.70	154.34
5	Theresa	Pearsall	Bay Area Running Club	70.13	73.59	65.36	75.70	149.29
6	Gloria	Mahoney	Bayou City Road Runners	68.62	75.19	69.38	66.60	144.57
7	Brenda	Hilton	Bayou City Road Runners		71.84		70.84	142.68
8	Susan	Aghili			54.86	79.23		134.09
9	Yong	Collins	Houston Striders		70.32		63.27	133.59
10	Karen	Lancer	Al Lawrence Running Club	54.77	63.23			118.00
11	Maria	Camacho	Terlingua Track Club		59.99		56.96	116.95
12	Donna	Sledge	Bay Area Running Club	55.56			58.23	113.79
13	Kathryn	Vidal	Bayou City Road Runners	56.16	56.92	54.94		113.08
14	Kathleen	Mahon	Bayou City Road Runners	57.05	54.34			111.39
15	Andrea	Milbourne	Bayou City Road Runners	54.80	56.30		49.65	111.10
16	Billie-Kay	Melanson	Al Lawrence Running Club		86.24			86.24
17	Joan	Propp	Al Lawrence Running Club		75.26			75.26
18	Cris	Richardson	Bay Area Running Club	65.00				65.00
19	Camille	Yarbrough	Al Lawrence Running Club				62.19	62.19
20	Maureen	Mayes	Houston Striders		61.93			61.93
21	Michelle	Crossley			59.76			59.76
22	Janet	Raschke	Kenyan Way		59.20			59.20
23	Kate	Gabriele	Kenyan Way		58.79			58.79
24	June	Strambler					58.21	58.21
25	Carol	Schmidt	Bayou City Road Runners				57.31	57.31
26	Annabella	Green	Kenyan Way		55.66			55.66
27	kathleen	hanson	Katy Area Running Club				50.70	50.70
28	Theresa	Strong	Galloway Houston		45.51			45.51
29	Paula	Clemens	Bay Area Running Club				41.38	41.38

MEN UNDER 40

FINAL RANK	First Name	Last Name	Club	SC 10-Miler	HHM (13.1)	HMSA 25K	CHM (26.2)	TOP 2 TOTAL
1	Calum	Neff	Hardloop Endurance		86.17		88.10	174.27
2	Valentino	Julien	Bayou City Road Runners		79.56		80.71	160.27
3	Pablo	Rivero	Bayou City Road Runners	72.69	74.15			146.84
4	Kit	Cho	Houston Striders	67.81	71.50		69.47	140.97
5	Art	Sherry	Al Lawrence Running Club	69.25	70.60	69.90	68.36	140.50
6	Andrew	San Juan	Al Lawrence Running Club		70.40		69.75	140.15
7	Pierre	Brandicourt	Houston Striders	66.68			71.66	138.34
8	Levent	Karabulut	Houston Striders		64.67		70.82	135.49
9	Christian	Correa	Houston Harriers	63.60	65.51		66.71	132.22
10	Richard	Bralow	Al Lawrence Running Club		62.58		69.25	131.83
11	Denis	Akhiyarov	Katy Area Running Club		57.93		66.13	124.06
12	Jeremy	Szydowski	Bay Area Running Club		53.05		42.03	95.08
13	Caleb	Monroe	Bay Area Running Club				75.74	75.74
14	Piyush	Pathak	Houston Striders				75.28	75.28
15	Elliot	Baerman	BCM Harriers				74.67	74.67
16	Andrew	Young	Bayou City Road Runners		72.59			72.59
17	Daniel	McGowan	Houston Striders				68.39	68.39
18	Andrew	Sperling	Bay Area Running Club	65.23				65.23
19	David	Morris	Houston Striders		61.62			61.62
20	Kevin	DiVerde	Bayou City Road Runners		61.31			61.31
21	Sean	Mason	Al Lawrence Running Club				60.83	60.83
22	Mark	Hanley	7Run3		57.36			57.36
23	Marshall	Dallas	Houston Harriers		57.30			57.30
24	Brendon	Flaherty	Bayou City Road Runners	57.09				57.09
25	David	Leach	Bay Area Running Club				54.60	54.60

MEN 40-49

FINAL RANK	First Name	Last Name	Club	SC 10-Miler	HHM (13.1)	HMSA 25K	CHM (26.2)	TOP 2 TOTAL
1	Peter	Lawrence	Bay Area Running Club	83.85	83.48	82.61	85.27	169.12
2	Nathan	Bishop			77.98		80.68	158.66
3	Oscar	Beltran	Houston Harriers	78.72	78.6		75.6	157.32
4	Chris	Robbins	Bay Area Running Club			78.94	77	155.94
5	Matthew	Manning	Houston Striders	73.64	76.55	73.3	72.53	150.19
6	Enrique	Rincon	Tornados	73.56	75.48	71.2	56.72	149.04
7	Konstantin	Loguinov			73.44	65.71	70.55	143.99
8	Ryan	Minsterman	Houston Striders	68.78	70.89	70.09	70.42	141.31
9	Thomas	Wille	Bayou City Road Runners	67.73	68.89	68.14	71.25	140.14
10	Kerry	Lee	Bay Area Running Club		70.74		65.2	135.94
11	Fren-Mark	Banes	Houston Harriers		63.1		66.38	129.48
12	Dean	Donckels	Houston Striders	66.16		63.21		129.37
13	Steve	Maliszewski	7Run3		70.72		57.47	128.19
14	Lee	Holm	Bayou City Road Runners		61.99		59.25	121.24
15	Jonathan	Phillips			60.34	58.26	56	118.60
16	Juan	Galvan	Pearland Area Runners Club		56.95		59	115.95
17	Michael	Flores	Houston Harriers		55.49		52.94	108.43
18	terry	reynolds	Houston Fit		54.34		49.38	103.72
19	Jason	Warren	Bay Area Running Club		47.42		53.49	100.91
20	Emile	Hanna			48.24	48.43	43.93	96.67
21	Quoc	Nguyen	Runners High Club		48.46		46.95	95.41
22	Safian	Atan			45.77		41.67	87.44
23	Chris	Stelzer					80.35	80.35
24	Miguel	Pena					70.39	70.39
25	Samuel	Sanderson	Bay Area Running Club				69.48	69.48
26	Brian	Speck	Houston Striders		67.64			67.64
27	JOE	OVIEDO	Tornados				67.5	67.50
28	Phi	Nguyen	Runners High Club				67.22	67.22
29	Shashi	Talya	Bayou City Road Runners				64.97	64.97
30	Brian	Thomas	Bayou City Road Runners		63.26			63.26
31	Chris	Dove					60.65	60.65
32	Stephen	Kallus	Bayou City Road Runners				59.29	59.29
33	Micah	Mauldin	Bay Area Running Club	59.27				59.27
34	Lee	Morris	Bayou City Road Runners				55.17	55.17
35	Arnab	Chakrabarty	Bay Area Running Club		38.46			38.46
36	Jose	Jimenez	Runners High Club		38.02			38.02

MEN 50-59

FINAL RANK	First Name	Last Name	Club	SC 10-Miler	HHM (13.1)	HMSA 25K	CHM (26.2)	TOP 2 TOTAL
1	Garrett	Rychlik	Houston Striders		77.93	77.58	80.01	157.94
2	Steve	Sievert	Houston Master Sports Association		79.23	77.61		156.84
3	Todd	DeMerchant	Houston Striders		76.02		79.33	155.35
4	Steve	Schroeder	Houston Striders	73.01	74.58	72.75	78.09	152.67
5	avi	moss	Bayou City Road Runners	74.24	74.33	75.45	76.89	152.34
6	Francisco	Garza	Tornados	74.63	77.50	73.63	69.06	152.13
7	Manuel	Martinez	H-Town Runners		74.89	73.68		148.57
8	Billy	Donnelly	Houston Striders		72.15		70.43	142.58
9	Neil	Ruocco	Hardloop Endurance		67.61		72.88	140.49
10	Jose	Reyes	Tornados	70.16	70.10	67.86	69.31	140.26
11	Michael	Root	Bay Area Running Club		65.07		67.90	132.97
12	Christoph	Eicken	Houston Striders		66.11	56.97		123.08
13	Pawel	Danilewicz		59.74			61.99	121.73
14	Curtis	Albitz	Runners High Club		59.06		57.84	116.90
15	Diego	Saverino	Houston Striders	64.92	51.04			115.96
16	Steve	Hasson	Bayou City Road Runners	57.10	58.06	52.58	54.44	115.16
17	Scott	Harrell	Kenyan Way		55.64		53.41	109.05
18	Jacob	Nielsen	Katy Area Running Club		59.14		48.42	107.56
19	Jeff	Eisele	Tornados		57.83		49.24	107.07
20	Gordon	Christie	Houston Striders		56.66		48.46	105.12
21	STEVE	GOODWEAT	Houston Fit		46.16		49.83	95.99
22	Benjamin	Mayer	Runners High Club			47.37	48.15	95.52
23	Dmitry	Messen	Runners High Club		48.77		45.23	94.00
24	Daniel	George			68.23			68.23
25	Arnold	Colunga					67.97	67.97
26	J	Lengfellner	Bayou City Road Runners		67.00			67.00
27	Terence	Baptiste	Houston Harriers				66.03	66.03
28	Tim	Nolan	7Run3				64.80	64.80
29	Mike	Van Hoozer	Hardloop Endurance		60.17			60.17
30	Steve	Lombara					59.92	59.92
31	John	Yoder	Houston Striders				59.28	59.28
32	Tim	McGuirk	Bayou City Road Runners				57.06	57.06
33	John (JP)	Anderson	Bayou City Road Runners				55.90	55.90
34	Josh	Flynn					53.88	53.88
35	Santosh	Shiva			53.63			53.63
36	Kevin	Jewell	Kenyan Way				53.63	53.63
37	david	villalobos	Houston Striders				52.98	52.98
38	Darrin	Caramonta	Kenyan Way	52.96				52.96
39	Thanh	Dinh	Champions Running Association				52.42	52.42
40	Eric	Johnson					48.21	48.21
41	Iain	Wallace					47.38	47.38
42	JIMMY	TOY	Kenyan Way		44.05			44.05
43	Dwayne	Gassmann	Fort Bend Fit		39.70			39.70
44	Bob	Entwhistle	Kenyan Way		38.06			38.06

MEN 60+

FINAL RANK	First Name	Last Name	Club	SC 10-Miler	HHM (13.1)	HMSA 25K	CHM (26.2)	TOP 2 TOTAL
1	Ben	Harvie	Al Lawrence Running Club	78.83	78.60	78.55	76.50	157.43
2	Richard	Peoples	Al Lawrence Running Club	78.77	78.46		76.68	157.23
3	Rich	Fredrich	Houston Striders		79.08	75.56	76.65	155.73
4	David	Painter	Bay Area Running Club	77.97	76.00	75.20	75.87	153.97
5	Edward	Fry	Hardloop Endurance	75.77			68.71	144.48
6	Victor	Aguirre	H-Town Runners		69.23	66.55	62.50	135.78
7	John	Kohoutek	Houston Striders		67.33		64.37	131.70
8	Paul	Schulz	Bayou City Road Runners	65.27	62.97	54.63		128.24
9	Ben	Sopchak	Runners High Club		65.00	62.68	62.45	127.68
10	Steve	Davis	Bayou City Road Runners		63.35	62.47	60.50	125.82
11	Gary	Prazak	Runners High Club		61.24		62.37	123.61
12	J'NEL	HORNE			60.92		59.25	120.17
13	Michael	Stoddard			63.81		54.88	118.69
14	Warren	Hall	Bay Area Fit		58.61		59.18	117.79
15	Dave	Stadnick	Houston Striders	58.95	58.07	54.28		117.02
16	Jose	Martinez	Tornados	52.65	62.69			115.34
17	James	McInerny	Kenyan Way		58.75		50.09	108.84
18	Michael	Bayer	Houston Striders		55.31	53.23	47.61	108.54
19	Jesse	Smalls	Terlingua Track Club		54.39		52.88	107.27
20	John	Fredrickson	Bayou City Road Runners	49.71	52.13	51.20		103.33
21	michael	luna	Houston Master Sports Association		45.12		49.67	94.79
22	Jack	Lippincott	Terlingua Track Club		43.52	42.78	45.17	88.69
23	Dusty	Cook	Houston Striders	38.82	41.42			80.24
24	Daniel	Byrne	Seven Hills		77.95			77.95
25	Peter	Mullin	Bayou City Road Runners	77.83				77.83
26	Joe	Melanson	Bayou City Road Runners			74.42		74.42
27	Ilya	Itkin	Runners High Club				72.22	72.22
28	FRED	WARD	Bayou City Road Runners	71.10				71.10
29	John	Polisini	Al Lawrence Running Club		67.43			67.43
30	Peter	Haney	Kenyan Way				65.69	65.69
31	Paul	Roche	Volte Endurance Training		65.59			65.59
32	Duncan	McCaig	Runners High Club				61.70	61.70
33	Bruce	Boyd	Bay Area Running Club				61.15	61.15
34	Bill	Carr	Bay Area Running Club				60.51	60.51
35	Alfonso	Torres	Bay Area Running Club		59.61			59.61
36	Dennis	Shaw	Tornados		59.52			59.52
37	Jeffrey	Nachenberg					57.80	57.80
38	Terry	Waltrip					56.30	56.30
39	Joel	DuBois	Bayou City Road Runners				54.94	54.94
40	Craig	Fox					54.73	54.73
41	Ken	MacFarlane		53.86				53.86
42	Breck	Bell	Bay Area Running Club			52.56		52.56
43	Michael	Geffert	College Station Running Club		52.44			52.44
44	Nicolas	Meza					51.94	51.94
45	Jim	Alvarez	Bay Area Running Club	51.92				51.92
46	Jim	Bishop			51.08			51.08
47	STEVE	BOONE	No Label Running Club				49.44	49.44
48	Ted	Dom	Runners High Club		47.92			47.92
49	David	Konrad	Katy Area Running Club		47.50			47.50
50	Chris	McWatt-Green					47.11	47.11
51	Larry	Lindeen	Bayou City Road Runners				46.73	46.73
52	Arlen	Isham					45.65	45.65
53	Leroy	Willits		45.45				45.45
54	Owen	Edwards	Runners High Club				42.19	42.19
55	Fred	Steves	Bayou City Road Runners				39.20	39.20